



Infant Feeding Clinics

Get free information and support regarding feeding your baby from our Child and Family Health Nurses who have education and experience in:

- Breastfeeding
- Bottle feeding, formula feeding and/or mixed feeding
- Other feeding challenges, including starting family foods and weaning

For bookings or enquiries talk to your Child and Family Health Nurse or contact your nearest Community Health Centre:

Penrith

Clinical Nurse Unit Manager, PH: 9834 0500

Blue Mountains and Lithgow

Clinical Nurse Unit Manager, PH: 4751 0100

Hawkesbury

Hawkesbury Community Health Centre, PH: 4587 0714