# Winter boosters

## What you need to know

### An Easy Read guide

## How to use this guide

The NSW Government wrote this guide.

When you see the word ‘we’, it means the NSW Government.

We wrote this guide in an easy to read way.

We have written some words in **bold**.

This means the letters are thicker and darker.

We explain what these words mean.

You can ask for help to read this guide.

A friend, family member or support person may be able to help you.

## What is a winter booster?

In winter, we are at higher risk of:

* catching a virus, such as COVID-19
* getting very sick if we catch a virus.

A **vaccine** is a medicine that:

* helps people fight a virus if they come into contact with it
* can stop people from getting very sick from the virus
* can stop you from passing the virus to someone else.

A **booster dose** is an extra dose of a COVID‑19 vaccine.

Most people have had one booster dose already.

Some people need 2 booster doses to help keep them safe from   
COVID-19 in winter.

We call this extra dose a ‘winter booster’.

## Who can get a winter booster?

You can get a winter booster if you:

* are aged 50 or over
* are aged 16 or over and have a weak immune system
* live in an aged care home – a place where older people live
* live in a place where you get care for your disability
* are aged 30 to 49 and would like one.

## How do you book a winter booster?

You can get your winter booster 3 months after your first booster dose.

You can call the NSW Health Vaccination Booking Support Service to   
book your winter booster.

1800 571 155

You can also book your winter booster on our website –   
[www.nsw.gov.au/covid-19/vaccination/get-vaccinated/boosters](http://www.nsw.gov.au/covid-19/vaccination/get-vaccinated/boosters)

## Where can you get a winter booster?

You can get your winter booster:

* at a NSW Health vaccination clinic
* from your doctor
* at an Aboriginal Medical Service
* at a pharmacy.

## Support for you

You can call the Disability Gateway if you want:

* more information about your winter booster
* support to book your winter booster.

Phone – **1800 643 787**

You can call the Service NSW COVID‑19 Helpline – **13 77 88**

You can go to our website – [www.nsw.gov.au/covid-19](http://www.nsw.gov.au/covid-19)

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