



## Nose sounds



**m**



**n**



**ng**



**Nose sounds** are made with air coming from your nose.

Feel the air coming through your nose for:

- m** as in *more*,
- n** as in *net*, and
- ng** at the end of *wing*.



Children sometimes replace **ng** with **n** in words as they are learning.

They might say: *win* instead of *wing*.

Children usually learn to say **nose sounds** by 3 years of age.



**Model nose sounds** when you are talking together.

Child: The bell goes *tin*.

You: The bell goes *ting*.

Praise your child for trying to say **nose sounds**.

It's OK if your child doesn't say the sounds after you.



Talk about **fixing up nose sounds** in words, and give your child an example in your own talking.

You: The plane has a broken *win*. Oops! I said *win* and I meant *wing*!  
I need to fix it up. Let's try to say our **ng** sound in *wing*.

Don't practice mistakes. It is OK to wait until you see a speech pathologist.



**m**

## Mia Mouse

The **m** sound is made with your lips closed and with air coming through your nose.

It is a long, noisy sound.

**Easier words:** *man, moon, more, my, me*

**Harder words:** *monster, machine, muffin, merrily, mouth*

## Sing with sounds: Sing a nursery rhyme

Have you seen the *Muffin Man*,  
The *Muffin Man*, the *Muffin Man*?  
Have you seen the *Muffin Man*,  
Who lives on Drury Lane?

Row, row, row your boat,  
Gently down the stream.  
*Merrily, merrily, merrily, merrily*,  
Life is but a dream.

## Play with sounds: Use **m** words in your play together



Sort the washing as it goes in the *machine*. This shirt is *mine*. Help *me* put in this towel.



*Make morning tea* together. You *might* have *melons*, *milk*, or *muffins*. Yummy!



Draw a *monster* or a *mouse*. Add a smiley *mouth* and a *moustache*.

## Read with sounds: Visit the library and borrow some books

*Goodnight Moon* by Margaret Wise Brown

*If You Give a Moose a Muffin* by Laura Joffe Numeroff

*It's Mine!* by Rod Campbell



n

## Ned Numbat

The **n** sound is made with your tongue on the ridge behind your top teeth, and air coming through your nose. It is a long, noisy sound.

**Easier words:** *no, knee, nod, knock, nose*

**Harder words:** *necklace, nearly, nest, never, new*

## Sing with sounds: Sing a nursery rhyme

Heads, shoulders, *knees*, and toes,  
Heads, shoulders, *knees*, and toes,  
And eyes, and ears, and mouth, and *nose*,  
Heads, shoulders, *knees*, and toes.

Jack be *nimble*,  
Jack be quick,  
Jack jump over the candlestick!

## Play with sounds: Use n words in your play together



Make a *necklace* out of *noodles*. *Nearly* done!



*Knock, knock*, who's at the door? Pretend that your teddies invited friends to a party.



Use '*no*' and '*not*' to talk about your day. There's *no* juice left. That's *not* mine!

## Read with sounds: Visit the library and borrow some books

*Noni the Pony* by Alison Lester

*That's Not My Dinosaur!* by Fiona Watt

*Nine Men Chase a Hen* by Barbara Gregorich