# SM2061

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# Aboriginal Cultural Ceremony for new Wentworth Hospital site

The Far West LHD joined with Aboriginal Elders and knowledge holders for a cultural ceremony and land cleansing on Barkandrji Country on the site of the new \$30 million Wentworth Health Service Redevelopment on 11 October 2023.

The ceremony is part of an Aboriginal tradition used to regenerate Country and prepare the land as a safe and w elcoming place. The event included a traditional smoking ceremony as well as didgeridoo, song, poem recital and dance performances and was attended by staff, visitors and community members.

Barkandji Elder, Aunty Clair Bates gave a warm Welcome to Country and said cultural burning is an ancient fire practice which has been used by Aboriginal people for over 60,000 years.

She said cleansing the land is an integral part of our connection with Country to restore and rejuvenate the land spiritually, and today's ceremony signifies that this hospital will be a healthy and safe place where the whole community can come to be healed.

CE Brad Astill said the event was important to recognise, respect and continue traditional Aboriginal practices and acknowledge the continuing connection to land, culture and community. "The Wentworth community is one step closer to gaining its new health facility, with the land being prepared in readiness for construction planned to start later this year," he said.

The ceremony is a significant milestone for the Wentworth Redevelopment, which will see the current



Mr Paul Salome led the traditional smoking ceremony.

hospital transformed to enhance health services and facilities for the region.

The appointment of the main works contractor is expected in the coming months with works to commence soon after.

More Photos Next Page





The Paakindji Dancers performed a number of dances at the Cultural Ceremony and took part in the traditional smoking ceremony, let by Paul Salome.







Aboriginal cultural ceremony: Standing (from left): Gert Halbgebauer (Health Infrastructure), Timothy O'Neil (Wentworth Health Service Manager), Denise McCallum (FWLHD GM District Health Services), Brad Astill (FWLHD Chief Executive), Corina Kemp (FWLHD Director Aboriginal Health and Community Relations). Sitting: Barkandji Elders Uncle Brian Hunt and Aunty Clair Bates, Rebecca Crawford (FWLHD Cultural Community Engagement Officer) and Barkandji Elders Rhonda Hines and Jenny Bates.



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#### **Board Annual Public Meeting**

The Board held its Annual Public Meeting (APM) on Monday, 30 October, 2023.

The APM provided a snapshot of the District for the past financial year, including the many achievements



The Board also presented the <sup>i</sup>Engaging Communities, Elevating Care' Year In Řeview 2022-2023 report. Download the report from the LHD website and intranet.



FWLHD CE Brad Astill and Board A/Chair Sally Pearce

## Collaborating and learning at Suicide Prevention Forum

Our dedicated Towards Zero Suicides Coordinator, Christy McManus (pictured), recently had the opportunity to share her insights at last month's WNSW PHN Suicide Prevention Forum.

This event brought together a diverse group of over 200 individuals, ranging from service providers to community members, all united by their shared goal of collaborating and learning more about the future of suicide prevention.

During her presentation, Christy outlined the various Suicide Prevention initiatives currently in progress within the Far West LHD. These encompass initiatives such as the Suicide

Prevention Outreach Team (SPOT), Safe Haven, Suicide prevention training, and Suicide Care Pathways. Christy also had the chance to speak alongside her Western counterpart, Mr Martin Davis, shedding light on the differences in how the Towards Zero Suicides initiatives are implemented in the two LHDs.

A highlight of the forum was guest speaker and facilitator Dr Norman Swan. Christy described Dr Swan as an engaging and highly knowledgeable speaker who sparked thoughtprovoking discussions and posed insightful questions to both the speakers and the active participants in the forum.





Suicide Prevention Forum: (From Ieft) Andrew Coe - Western PHN CEO, Martin Davis - Western Towards Zero Suicides Coordinator, Choley MacNaughton - Western PHN Portfolio lead - Suicide Prevention and Psychosocial support, Christy McManus -FWLHD Towards Zero Suicides Coordinator, Kylie Brown - Peer worker Safe Haven and Dr Norman Swan - Producer and presenter of the health report.



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professions celebrate on special day

Our Allied Health staff got together this month to for Allied Health Professionals Day (14 October) where they celebrated teamwork, commitment and dedication to their profession and each other and to all their patients and clients.

Director of Allied Health and Integrated Community Services, Ms Melissa Welsh, said: "We are so proud to have such a dedicated and skilled allied health workforce in the Far West. I want to thank them for providing a diverse range of services across our region each and every day, allowing patients to access these treatments close to home."

Thank you to all our Allied Health workers for the difference you make to the people of Far West each and every day.













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# **NAIDOC Family Fun Day**

Far West LHD staff had a great time at the NAIDOC Family Fun Day in Sturt Park (Broken Hill) held this month.

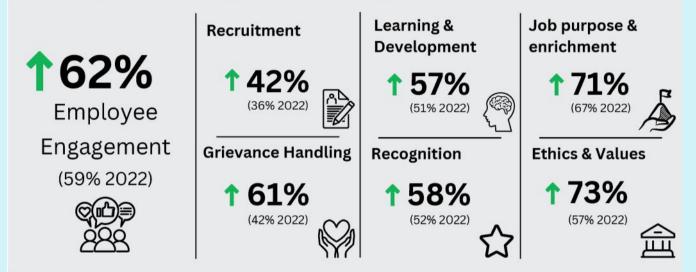
Visitors to our stalls had plenty of







The People Matter Employee Survey (PMES) is an annual Public Sector Commission (PSC) survey that gives us the opportunity to provide feedback and have a say about our workplace. It highlights what is working well and where we need to focus our time and energy to improve our experiences at work. The 2023 PMES was open from 21 August to 15 September 2023. Here is a brief summary of some of the key areas from the survey.



Thank you to our staff who participated in the 2023 People Matter Employee Survey (PMES). Your feedback is valuable and continues to help us identify the areas we are doing well and the areas we can improve. Please review the full 2023 PMES report and discuss with your Manager and Team about the areas that are most important to you.

#### Frequently asked questions about PMES reports

#### What do the Portfolio, Sector and Parent comparisons mean?

**Portfolio** is the comparison between your report unit and all of NSW Health.

**Sector** is the comparison between your report unit and the entire NSW public sector.

**Parent** is the comparison with the next level-up report in your organisation.

#### How is my privacy protected?

Responses from individual employees are confidential. Strict rules protect privacy at every stage of the survey process. These results only show the results for a group of employees when there are 10 or more responses for the group.

For more information please contact Louise Heffernan - Organisational Development Lead P: 8080 1500 | E: louise.heffernan1@health.nsw.gov.au



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# Colour Run Fun!



October was
Mental Health Month
and the Far West LHD
Mental Health Drug
and Alcohol Team
held a colour run and
barbecue in
Wilcannia, Dareton
and Broken Hill to
support with raising
awareness around
mental health.

The Mental Health Drug and Alcohol team enjoyed the opportunity to engage with the communities and deliver mental health awareness to everyone











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encouraged to enrol via My Health Learning to attend future sessions.

The group were (from left): Tshinta Reynolds – Executive Assistant, Rocin Varghese – Registered Nurse, Deborah Cochrane – Clinical Educator, Matilda Folwell - Mental Health Clinician, Denise Jack - Director MHDA and Violence and Neglect Services, Robert Slater — Purchasing and Supplies, Janine Slater - Clinical Support Officer, Maddie Stewart – Workforce Support Officer, Hayley Dalton – Executive Assistant, Regan Chesterfield – Clinical Nurse Specialist, Jason White – Labourer and Emily Nield - Mental Health Clinician. INSET: Liz Clarke - Project Officer, Collaborative Commissioning (left) and Eleen Hugo – Primary Health Nurse.

# **Gathering of Kindness**

Kindness and compassion are key to elevating the human experience for everyone.

A smile, a hello, a please or thank you, are those small acts of kindness that make a big difference to the experiences of our staff, our patients and their families, across NSW Health.

NSW Health's Gathering of Kindness is celebrated annually during November, using World Kindness Day to continue a conversation about kindness and compassion in healthcare.

NSW Health has a strong and proud history of providing safe and kind care to patients, families, carers and volunteers. Help us continue to build and nurture a culture of kindness across NSW Health.

The 2023 Gathering of Kindness held 13- 17 November, focuses on **MY KIND of healthcare** experience - reframing quality and safety, exploring those actions and moments that matter to us all in transforming experiences in healthcare.

Join us for a Gathering that promises to be a turning point in the way we view and deliver healthcare. Together, we will shape a healthcare system that reflects our collective vision of kindness, empathy, and humanity.

Check out the program of events and register to attend.



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# Safe Work Month

The BHHS/CHC Work Health & Safety Committee held a special event morning tea called "SafeTea", to promote Safe Work Month for the Broken Hill Health Service.

SafeTea emphasises the importance of involving everyone in Work Health & Safety discussions by encouraging workplaces to grab a cuppa and have a safety chat.

WHS committee members were in attendance to speak to staff and get feedback on areas of concern throughout the Health Service.

BHHS Director of Nursing, Midwifery & Site Manager Julie Manoel spoke to staff from all areas to promote the importance of having everyone involved in WHS practices to ensure we maintain a safe working environment.

A safe and healthy workplace is more easily achieved when everyone is involved in identifying any risks to health and safety. Together we can identify hazards, talk about health and safety

For everyone's safety, work safely

concerns and work together to find solutions. The BHHS/CHCWHS Committee encourages all staff to share their views so we can create an environment where work is safe for everyone.

If you're interested in joining the BHHS/CHC WHS Committee contact WHS Chairperson Tori McManus for more information by

email on tori.mcmanus@ health.nsw.gov.au



Staff enjoyed the exchange of safety ideas during Safe Work Week at BHHS/CHC.



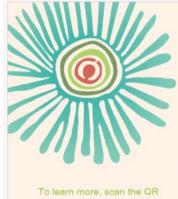
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#### Communicating Positively - Appropriate Aboriginal Terminology

Communicating Positively: A guide to Appropriate Aboriginal Terminology is to support a culturally safe health system for Aboriginal patients, clients and staff. Communicating positively provides information and guidance on appropriate word usage when working with Aboriginal people and communities and when developing policy and program.

The Communicating Positively guide is underpinned by the seven principles of the NSW Áboriginal Health Plan 2013 - 2023. These principles are essential if improvements in Aboriginal health are to be achieved:

- Trust and cultural respect
- Recognition of the cultural values and traditions of Aboriginal communities
- Wholistic approaches to the health of Aboriginal people
- The valuable and unique role of Aboriginal Community Controlled Health Services (ACCHS's)
- The participation of Aboriginal people at all levels of health service delivery and management
- Partnership with Aboriginal communities through ACCHS's and the Aboriginal Health and Medical Research Council of NSW.





#### **Communicating Positively Appropriate Aboriginal Terminology**

A culturally respectful and responsive health system is essential to improve health outcomes for Aboriginal people NSW Health guide entitled Communicating Positively - A Guide to

Appropriate Aboriginal Terminology supports a culturally safe health system for Aboriginal patients and staff.

This guide aims to provide NSW Health staff, and other stakeholders, with information and guidance on appropriate word usage when working with Aboriginal peoples and communities, and when developing policy and programs.

The use of accurate and non-offensive language is essential to ensure health services and programs that Aboriginal people access are culturally safe.



Recognition of the contribution the health system can make to the social determinants of health The FWLHD have developed a flyer to promote the NSW Health Guide to Appropriate Aboriginal Terminology (SEE ABOVE).

#### New Pathway - Removing the Barriers: Inclusion of people with disability (eLearning)

The PSC has developed a learning pathway to support the inclusion of people with disability in the workplace. There are 5 modules now available through My Health

Learning titled Removing the Barriers: Inclusion of people with disability.

The learning pathway includes four modules of around 2.5 hours duration and a fifth capstone module with assessment.

The topics include:

Module 1: What is a disability

Module 2: Diverse perspectives on disability

Module 3: Creating an enabling and inclusive workplace

Module 4: Creating a positive employment experience

Module 5: Your words and actions matter

The learning outcomes from the pathway are:

- Know more about the diversity of disability and perspectives of disability
- Remove barriers and facilitate people experiencing belonging at work
- Discuss and take practical actions to support a

positive and inclusive employee experience

Commit to a plan of actions in your role, to improve inclusion of employees with disability.

Please promote this through your teams and contact – Jacinta.Barraclough@health.nsw.gov.au if you have any questions.



Brilliance Nominations are a great way to share positive feedback with your peers about the brilliant work they are doing. All Brilliance Nominations are forwarded to the recipient and their line manager via email. Nominations are also logged in a register for the FWLHD Annual Staff Recognition and Health Innovation Awards.

To nominate a peer for their brilliance you can scan the QR code or go to https://forms.office.com/r/1hR6bgiv14



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Far West Local Health District

# **TELEMATICS**

WHAT YOU NEED TO KNOW



# 1 Benefits



- Improved safety and security
- Efficiency and productivity
- Compliance
- Reduced costs
- Insurance risk assessment

# 2 Training



Click the training video link below:

<u>In Vehicle - Driver</u> Training - NSW Health

More training can be provided by the Purchasing and Fleet Manager if required.

# 3 The device



The telematics are pre-installed into the fleet vehicles on a mobile.

When using the App your telematics login PIN is your Stafflink number.

# 4 Documents



To ensure staff are familiar with these changes and policies that reflect current practice, please see the document:

Motor vehicles Fleet Policy.docx (sharepoint.com

# 5 C

#### **Contacts**

Contact the FWLHD Purchasing Manager at Peter.McDonald@health.nsw.gov.au or the Fleet Officer,

Peter.Schindler@health.n sw.gov.au for more info.



## 6 Feedback



Our organisation would like to hear your feedback regarding the new systems, please click the link below to share.

Click here for feedback

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# Aged Care Corner...

#### **Carer Gateway**

Carer Gateway is a free support program for Australia's 2.65 million unpaid carers, many of whom do not know that dedicated support is available to help them in their caring role. Carer Gateway provides a range of free services and support just for carers. Services are delivered in-person, online and over the phone. Our dedicated team of Carer Gateway service providers are located across Australia.



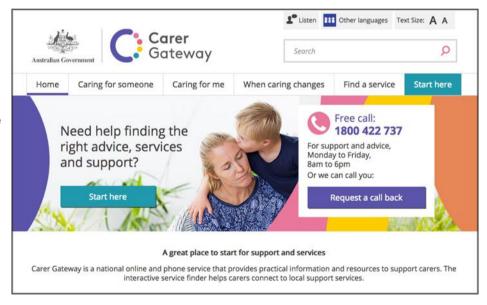
#### Anyone at any time can be come a Carer

Many people have care roles. For example, parents care for their children, grown children care for their parents and people care for friends and relatives who are sick or recovering from an accident. People take on a carer role for someone they know to improve that person's quality of life. Carers are people who provide unpaid care and support to family members and friends who have a disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged. Visit <u>carergateway.gov.au</u> or call **1800 422 737** Monday to Friday between 8am to 5pm.

As a carer you have many things you need to manage every day. Providing you (as the person providing care and support) with tailored support aims to give you time to balance your caring responsibilities and manage your own wellbeing so that you can continue to be there for those you care for.

#### **Emergency respite**

If you become sick or injured and can't continue to care for your loved one, our Carer Gateway service providers can organise for emergency respite services to take over care while you recover. If you need emergency respite care, call Carer Gateway for help with accessing emergency respite any time.





#### **Our Health Service**

Carers are a recognised group who have an important role to play in our health care system. They support the patient in their journey: in communicating, participating in health decisions and in looking after the patient's health and wellbeing at home. As a health professional, it's important you can identify a carer and provide them with the much-needed help and support they deserve.



For further education: My Health Learning - Partnering with Carers (Course No. 58522287)

#### Blood Management Change

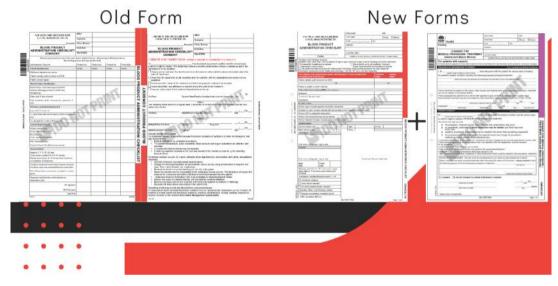
To align with National Standard 7 Blood Management consent and safe administration of blood products requirements. Broken Hill Health Service will transition to a new Blood **Product Administration** Checklist on 22 November 2023. The change will also require patient consent for blood product transfusion to be completed on the general (purple) Consent for Medical Procedure/Treatment forms instead of a specific blood consent form.

This new form has been in use in Western NSW LHD and trialled in the local oncology unit since 2021 with clinicians reporting positive feedback on the ease of using the new form.



Far West Local Health District

# Blood Management Change



The use of the general consent form for blood product transfusion will standardise the consent forms used for medical procedures/treatments in line with NSW Health consent requirements.

The new Blood Product Administration Checklist is available for wards to order from the new product ordering system 'Sourceit'

# **Security Focus**

#### Violence Prevention Management Training

VPM is a face-to-face workshop that discusses how to recognise escalating conditions and signs of impending violence, and how to apply de-escalation techniques to minimise violence.

The requirements for this training are set out in PD2005\_315 - Zero Tolerance Response to Violence in the NSW Health Workplace.

This workshop is targeted at staff working in security and duress response; staff working in extremely high risk environments including Emergency Department, Mental Health and Community Health; and staff working in locations where a local risk assessment has determined there is a potential for violence to occur.

#### Objectives

After completing this training you will be able to:

Apply de-escalation and breakaway techniques as a form of

violence prevention and minimisation.

- Describe the importance of self, environment and others in relation to violence prevention and management.
- Apply a risk assessment approach to preventing and responding to workplace violence.
- Identify the role of verbal and non-verbal communication in the prevention and management of violent behaviour.
- Use de-escalation skills to effectively manage violent behaviour as it occurs in the workplace.
- Identify and select appropriate response options when confronted with violent individuals.
- Use evasive techniques to maintain personal safety when responding to a violent person.

Implement local workplace policies and procedures regarding the prevention and management of workplace violence.

#### **Audience**

Staff w orking in security and duress response; staff w orking in extremely high risk environments including Emergency Department, Mental Health and Community Health; and staff working in locations where a local risk assessment has determined there is a potential for violence to occur.

Please book through My Health Learning: Course Code: 483379093

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#### Stay up to date with your vaccinations

Updated policy PD2023-022 Occupational Assessment, Screening and Vaccination Against Specified Infectious Diseases requires staff to remain up to date with vaccinations, including Influenza, COVID-19, Hepatitis B, Measles, Mumps, Rubella, Varicella and the ten yearly diphtheria, tetanus and pertussis (dTpa) vaccination.

If you need clarification of when your dTpa booster is due, all category A and B employees can check their vaccination status via stafflink. Navigate to Employee self -service via the top right corner, drop-down and select vaccination and compliance.

If you know you are due for a vaccination, please email FWLHD-Staffhealth@health.nsw.gov.au to arrange an appointment to ensure you remain compliant with the policy directive PD2023-022.

#### Respiratory Protection Program

The Broken Hill mask fit-testing booking page is moving online. From November 1st, appointments will be made via the intranet. Locate the booking system by navigating to the Infection Control tab on the front page of the intranet, find Quick Links and then Staff Health. This will take you to the bookings site link.

Alternatively, use the intranet search function to locate the mask fit testing booking site.

Please email FWLHD-Staffhealth@health.nsw.gov.au if you require assistance with the new booking system.

#### Life Saving Drugs Register

The Life Saving Drugs Register has been upgraded. The register now provides easy access to near real-time stock information on critical treatments including 31 antidotes and 10 antivenoms, stored across NSW Health facilities. The new, digital register will update daily and help frontline emergency workers pinpoint the exact location of these life-saving drugs to specific NSW public hospital departments. The Life Saving Drugs Register is also accessible from mobile devices and can be found on the Clinical Excellence Commission homepage.

# Life Saving Drugs Register

Improved access to al stock information on antidotes and antivenoms







#### RNs Amelia and Wanda at Balranald MPS got into the spirt of Fun Day Fridays at the health service with their very distinctive outfits!



# Would you like to be a VPM Trainer?

The District is seeking staff to become Violence Prevention Management Trainers.

Trainers are required to deliver VPM Face to Face workshops on a rotational basis.

Trainers are key to providing staff with skills to understand De-escalation, Breakaway and Physical Restraint technique for improved safety in our teams.

For more information contact Airlie Smith, Safety Culture Coordinator on email Airlie.Smith@health.nsw.gov.au

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Adam Mannel Adrian Winter Ann Hoskins Anthony Gomez Ashw in Beeharry Babette Cruickshank Balranald RHS Team Bayly Culpin Ben Bloomfield Benjaman McIver Brady Wauchope **Brett Pascoe** Brianna Turley Brooke Napier Candice Wheaton Catherine Mullins Chelsea Anderson Chelsea Edwards Chloe Deighton Chloe Mc Namara Chloe Reeves Clarissa Degoumois BH Community Nursing Team Deslev McKellar Dr Anna Munasinghe Ellen Phillips Emma Reeves Frin Dunn Giaconda Hucks Gina Mc Greevy Grace Charlesw orth Grace Matthews Gretchen Buss Heidi Drenkhahn Helen Hayes ICU Team Isobella Marini Jade Linda Standley



James Wells Jane Helmore Jane Hvnes Janine Slater Jessica Walker Jordan Foster-Gaddes Juanita White Kasey McIntosh Kathryn Wallace Keira Boxsell Kelly Maw by Kendi Reardon Kerrie Brown Kristy McQueen Kristy Morris Krystle Capper Laura Chatterton

Laura Serwa

Lauren Pillar Lucy Geyer Mackenzie Williams Manju Thomas Margaret Tate Marilyn Williams Mary Stubbing Michelle Straub Nicholas Hanford Norma Clancy Paula Boundy Peter Schindler Rachel Nocke Reanne Greenaway Remi Delucyk Richard Shoebridge Rocin Varghese Rosemary Martin

Ruben Hillier Sam Greville Sandra Charlton Sarah Eggington Savannah Webeck Shane Slade Sherry Davis Steph Wylie Tahlia Crampton Tahlia Kerin Tarni Smith Tiahna Styles Tyrone Dallas Vicki McCormack Virginia McDonald Wendy Zanon

The Brilliance Nominations are a great way to share positive feedback with your peers for the brilliant work they are doing. All Brilliance Nominations are logged in a register for the Annual FWLHD Health Staff Awards and then forwarded to the nominated staff member via email. Scan the QR Code to nominate or go to https://forms.office.com/r/1hR6bgiv14



Have you ever said to yourself, "If they just changed this and did it this way, it would be much better"?

Well, now you have a quick and easy way to suggest your ideas!

Scan the QR code or go to https://www.surveymonkey.com/r/WBHNSHZ if you have ideas for change; for service improvement, better patient and staff experiences, or any burning project proposals you might have. We want to make sure that any of our staff with ideas for projects, innovations or change have a platform to submit their ideas and have a chance to talk about them.

The Project Management Office (PMO), located at the CHC in Broken Hill, will receive your ideas through the portal and explore opportunities to convert these into projects.



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#### Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <a href="http://www.health.nsw.gov.au/">http://www.health.nsw.gov.au/</a> policies. These documents are official NSW Health policy. Compliance with Policy Directives is mandatory.

Title	<b>Document Number</b>	Date Issued
Open Disclosure	PD2023_034	18/10/2023
Neonatal and Infant Hepatitis B Prevention and Vaccination Program Policy Directive	PD2023_032	13/10/2023
Maternity - Safety and Quality Essentials	PD2023_031	12/10/2023
Remuneration Arrangements for Staff Specialist Emergency Physicians	PD2023_033	16/10/2023
Framework for the Specialist Trans and Gender Diverse Health Service for People Under 25 Years	IB2023_043	06/10/2023
Syphilis in Pregnancy and Newborns	PD2023_029	06/10/2023
NSW Health Vehicle Procurement and Use	PD2023_030	12/10/2023
Public Interest Disclosures	PD2023_026	03/10/2023
Authorised Nurse Immunisers and Authorised Midwife Immunisers	PD2023_027	28/09/2023
NSW Health Procurement (Goods and Services) Policy	PD2023_028	04/10/2023
Christmas Closedown and Additional Public Holiday 2023 -2024	IB2023_042	04/10/2023
Tiered Networking Arrangements for Perinatal Care in NSW	PD2023_035	19/10/2023

#### Procurement Masterclasses offered to all District staff

The District Finance and Corporate Services Directorate is excited to offer all staff Procurement Masterclasses. The LHD have been working with the Strategic Procurement Branch at NSW Health to develop Procurement Academy Masterclass Training Packages. We encourage you to consider participating in either of the professional development





opportunity options (pictured) now available to request enrolment My Health Learning.

#### How will Procurement Training Benefit Me?

The procurement classes will cover a broad range of topics across the 'Plan-Source-Manage' spectrum and embed a foundational understanding of the core concepts and why they're essential. Key areas include specification development, ethics, the supply chain, planning and specifying the purchase, category management, sourcing, portfolio analysis/segmentation, stakeholder engagement, contracts (development, award, evaluation, governance, variations), key performance indicators, supplier relationship management, and adding value through procurement. The classes include local procurement example case studies and there will be ample opportunity for discussions and question time.

Go to My Health Learning and Request Learning for either of the Above Learning Pathway Classes - see

below relevant MHL catalogue details and associated class details in MHL. **Need more information?** Contact Marisol Martin reves on email Marisol.martinreyes@health.nsw.gov.au

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Submissions can be sent to Branko.Licul@health.nsw.gov.au. The newsletter can be found on the Far West LHD website at www.fwlhd.health.nsw.gov.au