

## Adult Service Fact Sheet

### Who are we?

The Adult Service provides a coordinated service that addresses the need of adults with traumatic and acquired brain injury. Our aim is to assure that the person with brain injury and their families have access to rehabilitation, information and resources to help them achieve their goals.

The Adult Service at SWBIRS includes a transitional living unit, (TLU) and an outreach program. The TLU, known as Tarkarri is located in Albury (see our Tarkarri fact sheet for more information).

The Adult Service provides:

- Neuropsychology
- Physiotherapy
- Occupational Therapy
- Speech Pathology
- Rehabilitation Coordination

### What do we do?

The Adult Service works with the person with the brain injury, their families, and other services, to help the person meet their rehabilitation goals. To do this, we will do some of the following:

- Assessment of a person's skills and abilities by Physiotherapy, Occupational Therapy, Speech Pathology and Neuropsychology.
- Assist the person and their families to identify the things that are important to them and set therapeutic goals.
- Develop a plan for rehabilitation related to a person's goals.
- Support for managing the changes that may occur following a brain injury.

- Family and carer support for managing the changes that may occur following a brain injury.
- Consultation with work places or post school education facilities.
- Visits to homes and work places to assist with the return of the person to their community.
- Liaison with insurance companies in compensable cases including Lifetime Care.
- Education, training and skill development for staff in education, community agencies and work places regarding the nature and management of brain injury.

The Adult Service provide support to the person with the brain injury and family for as long as they have rehabilitation goals related to their brain injury.

### How does The Adult Service work?

The Adult Service is guided by the principles of contextualized rehabilitation which means:

- Person centred- rehabilitation being about you and your goals
- Collaborative approach- encourages you, your family and significant others to be actively involved in the rehabilitation process
- Real world- The rehabilitation being about the world you live in, life roles and what's important to you

Assessment and therapy may be centred based at Tarkarri or in your home or community

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Rehabilitation with The Adult Service works on a continuum and you may move along this continuum depending on your rehab goals, your rehab needs and supports you have. For example you may have an outreach program then go to Tarkarri and then move back to an outreach program.

The Tarkarri program will combine therapy at Tarkarri for several weeks followed by a period of time at home. This is to practice your rehab strategies at home.

### How long will I be involved in The Adult Service?

Your program will be tailored to your individual needs, goals and supports required.

### How can I get referred to The Adult Service?


- From the hospital where you go after your injury.
- Through your GP or specialist.
- Referral forms are obtainable via 02 5943 4600 or Free call 1800 637 040 or on our webpage <http://www.mlhd.health.nsw.gov.au/services/south-west-brain-injury-rehabilitation-service>

### Eligibility Criteria

- Ages 18 - 65 years  
Acceptance of people over 65 years is dependent on rehabilitation goals and service capacity.
- Primary diagnosis of traumatic brain injury
- Reside in the Murrumbidgee Local Health district
- Compensable Clients (TAC etc.) will be considered from Wodonga and surrounding communities.
- Priority is given to people who have sustained a traumatic brain injury. People with Acquired brain injury who have cognitive rehabilitation needs will be considered.

### CONTACT:

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