

WE ARE

Issue 3 | Autumn 2022 | FREE

Southern

NEWS FROM SOUTHERN NSW LHD

Excellence in Care



In this issue:

The importance of hearing tests

Crookwell Hospital's special 70-year gift

New Directors of Medical Services welcomed



Southern NSW
Local Health District

Strategy on a Page

Southern NSW Local Health District has identified four strategic priorities that respond to our direction over the next five years. These priorities will guide our delivery of high-quality services with outstanding health and wellbeing outcomes for our communities.

<p>Our Future To be a recognised leader in rural healthcare</p>	<p>Our Purpose To improve the wellbeing of the community we serve</p>	<p>Our Values Collaboration, Openness, Respect, Empowerment</p>
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 <p>Elevating the Human Experience</p> <ul style="list-style-type: none"> Partner with patients and caregivers to make decisions about their care Bring kindness and compassion into the delivery of personalised, high quality care Encourage greater health literacy and access to information Engage patients and caregivers in co-design and implementation of new models of care Strengthen equitable outcomes and access to care for priority populations 	 <p>Keeping people healthy and well</p> <ul style="list-style-type: none"> Focus on healthy beginnings to ensure everyone gets the best start in life Make progress toward zero suicides recognising the devastating impacts on society Facilitate mentally healthy living for our whole community Close the gap by tackling Aboriginal health and wellness Connect with partners to identify the social determinants of health within our communities 	 <p>Delivering safe care in all settings</p> <ul style="list-style-type: none"> Embed a closer to home philosophy delivering more services in the community Support healthy ageing ensuring people can live independently at home for longer Connect with partners to deliver integrated care services Deliver world class hospital care for all patients Align infrastructure and service planning around future care needs 	 <p>Supporting our people</p> <ul style="list-style-type: none"> Strengthen diversity in our workforce and decision-making Empower staff to work to their full potential Enhance workforce capability through targeted training and development Build positive work environments that bring out the best in everyone Attract and retain quality workers who put patients first
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Enablers for change

 <p>Education, training and research</p>	 <p>Health data and analytics</p>	 <p>Leadership and Governance</p>	 <p>Value and Sustainability</p>
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Foundation



To learn more about Southern NSW Local Health District and its future direction, read Strategy 2026 at bit.ly/SNSWLHDStrategy2026

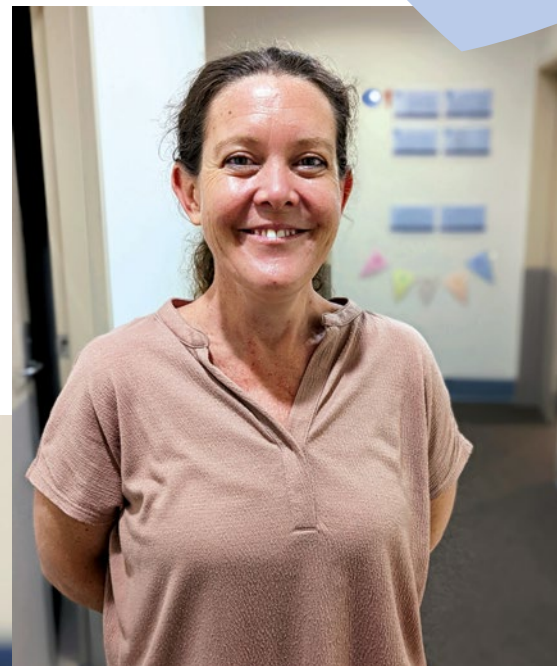
Working in the hospital



Kerrie Rogers is the Infant Hearing Screen Endorsed Enrolled Nurse at Queanbeyan Hospital Community Health Service.

She provides vital screenings for hearing loss in newborn babies and has personally screened nearly every newborn baby in Queanbeyan for almost a decade.

She also travels to other health services in the Local Health District to make sure each baby has the best start they can possibly have.



Kerrie Rogers screens newborn babies' hearing as part of the NSW Statewide Infant Screening - Hearing (SWISH) program.

Kerrie says infant hearing screening is all about early intervention to prevent delays in speech development, which in turn impacts a child's ability to understand and learn in school, as well as their social development as they begin to form connections with their family and other children.

Newborn hearing screenings are completely free as part of Southern's maternity services, and are either done on the ward shortly after birth or at an outpatient clinic after discharge.

Southern also has hearing screening for children and adults. Read about our Cooma Audiometry service on pages 12-13.

Editorial

WE ARE
Southern
Excellence in Care



Message from our Chief Executive

Hello everyone,

Thank you for taking the time to read the autumn 2022 edition of *We Are Southern*.

It has been wonderful to see our subscriber list grow since we launched the *We Are Southern* newsletter and magazine five months ago.

We Are Southern is one of many new ways we are seeking to share and connect with our consumers and communities.

Some of the Southern team attended a community forum for the new Eurobodalla Regional Hospital in Moruya on Friday 18 March. The Health Infrastructure team provided a planning update and answered a range of questions from in-person and online participants.

It was evident, by the energy in the room, how much everyone appreciated the chance to meet face-to-face after so many months of screen time and disruption.

It reminded me of the importance of human connection and what we can achieve together with open lines of communication.

Your stories and experiences are essential to getting *We Are Southern* right. Please get in touch with your story ideas, feedback, photos or observations.

Southern is committed to improving our communications and community interactions based on your suggestions and comments. Hope to hear from you soon.

Margaret Bennett

MARGARET BENNETT
CHIEF EXECUTIVE

Created by

Southern NSW
Local Health District
Media and Communications
Department

Writers

Kate Goulding
Benjamin Hodgson
Renata Sheehan
Vanessa Barratt

Contributors

Emma Woolley
Chelsea Maxwell

Designer

Ji Min
Energy Design Studio
ji@energydesign.com.au

Cover photo by

Gary Ramage

Advertising and editorial enquiries

If you'd like to contribute a story to *We Are Southern* magazine or pitch a story idea, please get in touch at snswhd-media@health.nsw.gov.au

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Southern NSW
Local Health District

Crookwell District Hospital Senior Nurse Manager Debbie Hay with long-time Crookwell resident Beryl Rogers at a special 70-year commemoration.



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On the cover

Newborn Douglas Hardwick gets his hearing screened at Queanbeyan Hospital as part of the NSW Statewide Infant Screening - Hearing (SWISH) program.

Boosting your immunity

Southern strongly encourages anyone in the community who is eligible for a COVID-19 booster dose to come forward as soon as possible.

Maintaining a high level of immunity against COVID-19 helps protect you, your family, and our community – particularly those more vulnerable to serious illness.

If you are aged 16 years or older, and it has been more than three months since your second COVID-19 vaccination, you can get your booster.

Vaccination clinics can be found at a location near you by visiting the Australian Government’s Vaccine Clinic Finder at <https://covid-vaccine.healthdirect.gov.au/booking>

Southern operates COVID-19 vaccination clinics at Goulburn, Bega and Queanbeyan, and at various times hosts walk-in mobile clinics across the District.

Both the Pfizer and Moderna vaccines are available. The Australian Technical Advisory Group on Immunisation has approved the vaccines as being both safe and effective.

If you have had COVID-19, and are eligible for a booster, it is recommended you wait between four to six weeks after you recover to receive it.

Information about Southern’s vaccination clinics can be found at: www.snswhd.health.nsw.gov.au/our-services/infectious-disease/covid-19-vaccinations or call our COVID-19 Support Line on 1800 318 248 and select Option 2.

Scan the QR code to visit the Vaccine Clinic website and book your booster at a clinic near you.



People aged 16 years and above are encouraged to get the COVID-19 vaccine booster as soon as possible.

Still deciding about the vaccine?

The National Centre for Immunisation Research and Surveillance (NCIRS) has developed decision guides for people who are still considering getting the COVID-19 vaccine. Two guides have been developed – one for people aged 16 and over about whether they should get vaccinated <https://www.ncirs.org.au/covid-19-decision-aid-for-adults>, and one for parents of children aged 5-15 about whether they should get their child vaccinated. <https://www.ncirs.org.au/covid-19-decision-aid-for-children>



Life-saving stroke treatment

Stroke patients in the Eurobodalla and Bega Valley now have 24-hour access to an innovative new telehealth service as part of a \$21.7 million initiative being rolled out across NSW.



Staff at Moruya Hospital trial the Telestroke service before its go live date in early February.

The NSW Telestroke Service launched at South East Regional Hospital on 8 February and Moruya Hospital on 10 February. The service will provide access to life-saving stroke diagnosis and treatment by connecting local doctors to specialist stroke physicians via video consultation in the Emergency Department.

‘This crucial service will provide Eurobodalla and Bega Valley residents with rapid diagnosis and treatment from the state’s expert clinicians,’ Meegan Connors, General Manager of Southern’s Coastal Network, said.

‘Telestroke helps Moruya Hospital and South East Regional Hospital doctors to decide the most appropriate treatment option for each patient. These options include urgent treatment to dissolve a clot locally, or urgent transfer to a specialised stroke centre for more complex treatment where appropriate.’

Every year, around 19,000 residents in NSW have a stroke. More than a third of people hospitalised for stroke in NSW are from regional, remote or rural areas.

‘Stroke is a time critical medical emergency that can kill up to 1.9 million brain cells per minute,’ Ms Connors said.

Implementation of the NSW Telestroke Service is a collaboration between the Prince of Wales Hospital, eHealth NSW, Agency for Clinical Innovation and the Ministry of Health. The service has helped more than 1700 patients in NSW since its launch in March 2020. It will expand to up to 23 sites across NSW by June 2022.

The NSW Telestroke Service is a \$21.7 million NSW Government election commitment announced in March 2019 and jointly funded by the NSW and Commonwealth Governments.



Every year, around 19,000 residents in NSW have a stroke. More than a third of people hospitalised for stroke in NSW are from regional, remote or rural areas.”

Patient Experience Week

Patient Experience Week will be held from 25–29 April. It’s an annual event that celebrates healthcare staff impacting patients’ every day experiences.

The theme for this year is ‘the Power of Storytelling’, and it will provide an opportunity to showcase good practice, compassionate care and how we learn and improve from engaging with patients every day.

Patient experience is more than just providing great medical care, it’s about all the other things such as respecting and valuing needs, physical comfort, emotional support and engaging patients and families in decision making.

The small acts of kindness, the additional step taken, the care and attention to every individual makes a difference to a person’s experience of care and their health outcomes. Southern will soon be sharing its Patient Experience Week program for 2022.



Southern’s staff celebrating Patient Experience Week in 2021. The annual event will be held again this year across the District.

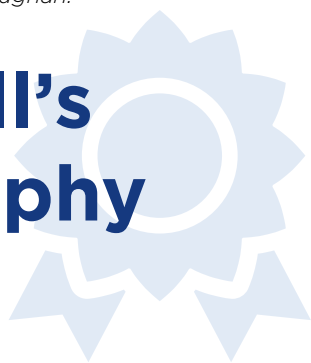


The small acts of kindness, the additional step taken, the care and attention to every individual makes a difference to a person’s experience of care and their health outcomes.”



The winning photo by Jeffery Vaughan.

Crookwell's photography winners



Crookwell District Hospital announced three winners of a recent photography competition, which will see the winning photographs displayed as murals in the newly refurbished Emergency Department (ED) and Palliative Care Ward.

The competition opened last December and called for local photographers to submit images of Crookwell's iconic wind turbines that are part of the scenery surrounding the Crookwell township.

Crookwell resident Jeffery Vaughan won the competition with an image of a wind turbine set atop a hill in a lush green paddock; Windellama resident Michael Lees placed second; and Crookwell resident Jessica Cosgrove placed third.

Crookwell District Hospital Senior Nurse Manager Debbie Hay said the competition was originally going to announce one winner, however due to the many great entries, first, second and third places were awarded.

In solidarity with women

Women's Health Nurses celebrated International Women's Day on Tuesday 8 March. Southern has five Women's Health Nurses across the District who are all committed to empowering and informing women about health choices.

Women's Health Nurses can talk to women about menstrual cycles, contraception choices, menopause, domestic violence, sexual difficulties and any other women's health concerns.

They can also perform Cervical Screening Tests and breast examinations.

This year's theme for International Women's Day was Break the Bias. Nurses Leah Lloyd (pictured below left), from Yass Health Service, and Wendy Patterson (pictured below right), from Goulburn Health Service, were among those photographed crossing their arms to strike an 'x'.

The 'x' symbolises solidarity with the Break the Bias mission to empower women to make informed decisions about their health.

To see a Women's Health Nurse, call the Central Intake Number on 1800 999 880.

All appointments with the nurses are free.



Women's Health Nurses showing solidarity with women on International Women's Day.

New medical directors welcomed



Doctors Pradeep Mishra and Gayle Williams pictured with Southern's District Director of Medical Services Dr Liz Mullins (far left) and Chief Executive Margaret Bennett (far right).

Southern welcomes two new Directors of Medical Services who will be integral in leading and supporting the delivery of medical services across Southern's Tablelands and Coastal Networks.

Dr Pradeep Mishra is the new Director of Medical Services for the Tablelands Network (which covers the Goulburn, Crookwell and Yass regions) and Dr Gayle Williams will hold the position

for the Coastal Network, which includes Eurobodalla and Bega Valley.

Both Pradeep and Gayle have strong backgrounds in medical leadership and management, and they are passionate about improving health outcomes.

For the last few years, Pradeep has been the Director of Medical Services for Anyinginyi Health Aboriginal Corporation

at Tennant Creek in the Northern Territory. Prior to that, he was Medical Director for a large primary care corporate practice in Cairns, Queensland.

Gayle has been the Director of Medical Services at Hervey Bay Hospital in Queensland for several years. Prior to that, she was Clinical Director of a Queensland prison health service and a GP working in an Aboriginal Community Controlled Health Service.

Fight the mozzie bite



NSW Health is urging the community to stay vigilant and take precautions against mosquito bites after several NSW residents were recently confirmed to have Japanese encephalitis (JE).

Southern has had one confirmed case in Goulburn, a man aged in his 60s, which was reported on 11 March.

Locally acquired cases of JE have never previously been identified in NSW in animals or humans. Since late February 2022, the JE virus has been confirmed in samples from pig farms in NSW, Queensland, Victoria and South Australia.

The JE virus is spread by mosquitoes and can infect animals and humans. The virus cannot be transmitted between humans, and it cannot be caught by eating pork or other pig products.

There is no specific treatment for JE, which can cause severe neurological illness with headache, convulsions and reduced consciousness in some cases.

The best thing people throughout the state can do to protect themselves and their families against JE is to take steps to avoid mosquito bites, such as:

- covering up while outside with loose, light-coloured clothing and covered footwear
- avoid being outdoors at dawn and dusk
- apply insect repellent on exposed skin that contains DEET (diethyltoluamide), picaridin, or oil of lemon eucalyptus
- use insecticide sprays, vapour dispensing units and mosquito coils to repel mosquitoes
- cover openings such as windows and doors with insect screens
- remove water-holding containers outside your house where mosquitoes can breed.



For more information visit:
bit.ly/JEVresources



Festival of Inclusion



Staff across Southern's Local Health District celebrated inclusion, equity and diversity during March for its first Festival of Inclusion.

The Health Promotion Team at Southern coordinated the month-long event, which saw staff host or participate in online events to promote diversity in the workplace and communities.

It kicked off on Zero Discrimination Day and International Wheelchair Day (1 March) and finished on Transgender Day of Visibility (31 March).

A calendar of events, activities, resources, training and links to websites was provided to staff to participate in, such as learning how to translate

appointment details into their client's language and how to help stop the stigma that leads to negative outcome for people who inject drugs.

Inspiration to host the Festival of Inclusion in Southern came from the festival that the Nepean Blue Mountains Local Health District hosted in 2020.

The importance of hearing tests

Inside a booth at Cooma's Community Health Centre, there are life changing moments taking place.

Audiometry Nurse Kirsty Brownlie (left) and Cooma Community Health Nursing Unit Manager Donna Saddler inside the hearing screening booth.



The booth is about the size of a van and on the outside looks like something from a science fiction movie. When you step inside and close the door, the textured, foam padding over the walls and roof immediately grabs your attention.

When you sit down, either on the small wooden chair if you're a child, or the larger vinyl chair if you're an adult, the Audiometry Nurse starts getting the equipment ready for your hearing test.

This sound-proof booth, which has been at Cooma Community

Health for at least 20 years, has recently come back into action after NSW Health facilities moved from Red Alert to Amber Alert, due to the easing of COVID-19 restrictions.

There are two Audiometry Nurses at the health service—Kirsty Brownlie and Kaye Pearce, who say detecting a hearing impairment can lead to better communication and educational outcomes for the clients.

Part of their work involves screening children who have been referred to Speech Pathology.

Speech Pathology Head of Department for the Monaro Network, Cathy Shorten, says it is essential for children referred to speech pathology to have the easy access to hearing tests.

'The tests here at Cooma are important for us [speech pathologists] as it can identify or rule out hearing impairment when a child has delays in their speech and language development,' she says.

'The children also have the pressure in their middle ear checked to look for signs of middle ear pathology.'

'If middle ear pathology is confirmed on multiple occasions it may require referring the client to their GP, who may refer them on to an Ear, Nose and Throat Specialist. The specialist may need to implement further intervention so underlying issues can be addressed. Then speech pathology intervention can be successful.'

Audiometry Nurse Kirsty Brownlie says it can be difficult for parents to know if their child has a hearing impairment.

'There are some indicators to look out for. Does the child turn the TV up really loud? Do they shout when talking? Or do they not respond when someone is talking to them?' she says.

Kirsty says when a client first comes in to see herself or Kaye, they start by looking at the client's eardrum with an otoscope. Then they do tympanometry, which assesses the health and functioning of the middle ear.

Inside the sound-proof booth, the screening involves an audiometer, which is a machine that tests air and bone conduction. It requires the client to wear headphones. The machine produces a range of sounds, such as beeps at different frequencies, for the client to respond to by clicking a button or children placing a peg in a board if they hear the noise.

'For younger children, who aren't able to wear the headphones and respond to the sounds by placing a peg in board or pressing a button, we screen with a Pa5 [hand-held paediatric audiometer],' Kirsty says.

'We also make the experience playful for them, with games to see what they respond to.'

'When we identify a hearing issue in a client, we make sure they get the intervention they need to make a positive change to their social, speech and educational development.'

'However, we don't test children under 18 months old at Cooma.'

People in the community don't need to have a referral to see an Audiometry Nurse at Cooma Community Health Service. They can call the Central Intake Number on 1800 999 880 to refer themselves, and the Audiometry Nurses will contact them to make an appointment. All appointments are free.

Southern NSW Local Health District also provides Audiometric Testing at other health services across the District. To find out more call the Central Intake Number.

The Audiometer produces a range of sounds at different frequencies during hearing screening.

What does an Audiometry Nurse do?

- Screen children nine-months old to three-years old with free field Audiometry, as too young to wear headphones.
- Test children three to 18 years old. Testing air and bone conduction, identifying ear canal and drum abnormalities.
- Identify hearing delays, either conductive (transient loss) or sensori-neural (permanent loss).
- Liaise with speech pathologists and test clients referred from Speech Pathologists.
- Refer children to Speech Pathology if articulation or delayed receptive/expressive language is identified.
- Refer to Psychology or Occupational and Physiotherapy if other developmental delays identified.
- Refer to appropriate private therapy if Auditory Processing disorder suspected.
- Liaise with school teachers who have referred children due to learning or focus issues.
- Refer to General Practitioner or Ear, Nose, and Throat (ENT) Specialist if issues identified.
- Conduct staff clinics when adequately staffed.
- See adult clients.
- Educate parents regarding hearing health and normal hearing.
- Conduct Aboriginal hearing clinics when adequately staffed and refer Indigenous clients to the Aboriginal Otitis Media Clinic in Goulburn to be seen by ENT for grommet, tonsil and adenoid surgery.



Seventy years in the making

It was one brick, out of about 29,000 from a bricklaying job in 1952, which seventy years later came to mark a special occasion at Crookwell District Hospital.



Crookwell Hospital chimney taking shape - 1952.



The Rogers family hired local artist Holly Hartwell to paint the left-over squint brick.

A bricklayer named Alec Rogers immigrated to Australia from England in 1950, and in 1952 answered an advertisement to build the 20-metre high chimney stack at the hospital, along with another bricklayer—Fred Osborne.

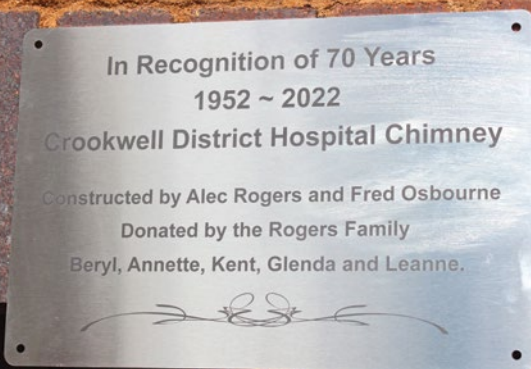
As Alec built the chimney, which would eventually heat water in the adjoining boilers, he was also building his life in Crookwell. He met his wife-to-be, Beryl, in the Goodacres Bakery, where he would go to buy supplies and she would serve him. Then he went on a date with her at a local theatre production, and they later settled in Crookwell and had four children together—three of whom were born at Crookwell District Hospital.

Towards the end of the chimney construction, Alec picked up a left-over squint brick and took it to his family's Crookwell home. It sat in the back garden and stayed with the Rogers' family after his passing in 1990.

On Tuesday 15 March 2022, Beryl at 93-years old, and her three daughters (her son was unable to attend), huddled in front of the monumental chimney stack her late husband had built and held the left-over squint brick. Its original bare surface was adorned with a small artwork the Rogers' family had commissioned, and an engraving they had arranged to be attached to it in honour of the chimney's 70-year history.



Beryl Rogers (centre) with (left to right) daughter Annette Hutchinson, Senior Nurse Manager Debbie Hay, and daughters Leanne Rogers and Glenda Goodacre. Absent Kent Rogers (son).



The 70-years commemorative plaque gifted to Crookwell District Hospital.

In front of a small crowd, Beryl and her daughters spoke about their connection to the chimney and the hospital, then they handed the embellished brick, as well as an engraved commemorative plaque, to the hospital's Senior Nurse Manager Debbie Hay.

Mrs Hay said it was a special moment to be a part of, as the Rogers' family have had a strong connection to the hospital. Beryl's daughter Leanne is an Administration Officer at the hospital and has been with the Southern NSW Local Health District for 35 years.

Mrs Hay said she would find a special place to display the commemorative brick and will arrange for the plaque to be attached to the historical chimney.



Crookwell Hospital Senior Nurse Manager Debbie Hay receives the commemorative gift from Beryl Rogers.

Lolly water or a risky behaviour?

E-cigarettes, or electronic cigarettes, have become the latest craze in the smoking world. The 2019-2020 NSW Population Health survey shows that approximately 9.6 per cent of adults aged 16 years and over in NSW had used e-cigarettes.

NSW Health recently launched a campaign to tackle teenage vaping.



“

This is a significant increase from the 2018-2019 survey, where 18.1 per cent of young adults had used e-cigarettes.”

The highest use of e-cigarettes was among young adults aged 16-24, with 21.4 per cent of the population having used an e-cigarette before. This is a significant increase from the 2018-2019 survey, where 18.1 per cent of young adults had used e-cigarettes. The daily use of e-cigarettes has also increased by 2 per cent over the year.

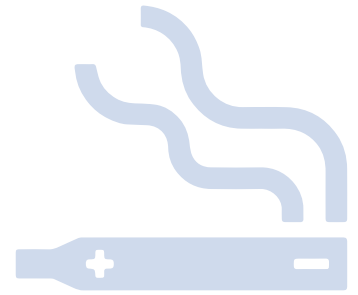
You might be wondering though, what actually are e-cigarettes? E-cigarettes are commonly known as vapes, and are battery-operated devices

that heat liquid (e-liquid) in an aerosol generator to produce a vapour that users inhale in to their lungs (vaping).

The liquid contains a range of chemicals and is usually scented with sweet flavours such as berry blast, appletini, or mango tango and they may or may not contain nicotine. E-cigarettes come in a variety of shapes and colours and are usually disguised as everyday objects such as highlighters, pens or USB sticks.

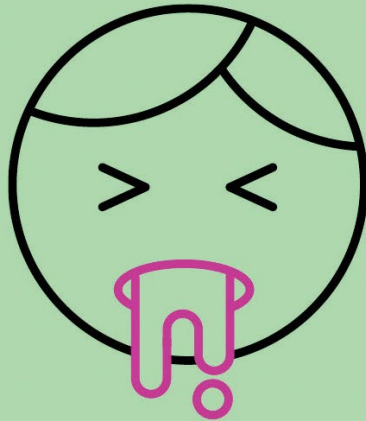


Tests of e-liquid samples collected by NSW Health in 2013 showed that 70 per cent of the samples contained high levels of nicotine even though the label did not state nicotine as an ingredient.”



VAPES CAN CONTAIN HARMFUL CHEMICALS

**THEY JUST DON'T
PUT IT ON THE PACK.**



Get the facts

Parents and young people can get the facts about the dangers of vaping by visiting www.health.nsw.gov.au/tobacco/Pages/vaping.aspx or scanning the QR code.

How legal are e-cigarettes?

Well, it's complicated. E-cigarettes that do not contain nicotine are legal in NSW. Tests of e-liquid samples collected by NSW Health in 2013 showed that 70 per cent of the samples contained high levels of nicotine even though the label did not state nicotine as an ingredient. In NSW it is illegal for retailers to sell and distribute nicotine containing e-cigarettes to a user without a prescription. In October 2021 e-cigarettes containing nicotine became prescription only medicine meaning that pharmacists are now the only legal supplier of nicotine containing e-cigarettes.

So what are the health concerns and can e-cigarettes help with giving up smoking?

E-cigarettes can expose users and bystanders to harmful chemicals and toxins that cause adverse health effects and can increase the chance of developing respiratory and cardiovascular diseases. Studies are yet to understand the long term health effects of vaping as it is a relatively new activity and there is a lack of clinical research. In terms of helping with the cessation of smoking,

clinical evidence is yet to support the use of e-cigarettes in cessation and more evidence supports the use of nicotine replacement therapy products such as patches, lozenges, and gums. Overall e-cigarettes pose a risk to our health and wellbeing. Abstaining from the use of e-cigarettes is strongly recommended to help maintain health.

**Written by Chelsea Maxwell,
Health Promotion Officer
at Southern.**



Volunteers Donna Wales (left) and Judy Evans assist people visiting Goulburn Base Hospital.

Celebrating our volunteers

National Volunteers Week (16–22 May) is a time for Southern to acknowledge and thank the hard work of its volunteers, including Goulburn Base Hospital Guide Desk volunteer Donna Wales, who loves meeting and greeting hospital visitors.

Donna decided to volunteer at the Goulburn Base Hospital Guide Desk because she knows how daunting it can be to get lost when visiting a loved one in hospital.

She says some people are overwhelmed by hospital signage, and they can become confused and upset when trying to find their way around.

That's why, when Guide Desk volunteer positions became available at Goulburn's newly built Clinical Services Building, Donna immediately applied.

Donna started her first shift on the day the Clinical Services Building opened, 23 November 2021, and was delighted to welcome the first patients and visitors.

'My role as a Guide Desk volunteer is to greet people in the hospital and direct them to the ward and department they're wanting to visit,' she says.

'I was attracted to the role because it is an opportunity to help people have a positive experience at Goulburn Hospital.'

“ Giving your time and passion to others, instead of taking and thinking about oneself is a great feeling.”



Donna says being a volunteer at the new hospital is a privilege, as well as gratifying, to be helping others, even in the smallest way.

‘Giving your time and passion to others, instead of taking and thinking about oneself is a great feeling,’ she says.

Before Donna started her role at the Guide Desk, she volunteered for a short time in oncology.

‘In that time, I met so many nice, funny people every week. There was plenty of chatting and laughing between staff and patients, it was a great atmosphere.

‘I was so moved by that experience, as here they were waiting to have their treatment, but enjoying a chat, a cup of tea and bickies, and each other’s company.’

Donna is one of more than 300 people volunteering their skills and time for Southern’s health facilities, patients and the wider community without seeking financial reward, or special praise.

Volunteers can take on a variety of roles such as auxiliary workers, tai chi and exercise leaders, oncology patient support, transport drivers, administration, and more.

Southern’s Chief Executive, Margaret Bennett, says the effort and commitment shown by volunteers is truly appreciated by staff, patients and their families.

‘It’s fitting that our volunteers are publicly recognised during National Volunteers Week for their dedication, passion and skill. They embody the best qualities of our community, and they’re a role model for others.’

NATIONAL 16-22 MAY 2022
VOLUNTEER
Better Together WEEK

Want to know more?

If you’d like to know more about volunteering at Southern, email SNSWLHD-Volunteers@health.nsw.gov.au or call 0477 322 107.

We Are Southern newsletter

Stay up to date with what’s happening at your Local Health District by subscribing to the *We Are Southern* newsletter. Released each month, the newsletter will let you know what’s on and what’s new at Southern. Content will include staff profiles, behind-the-scenes stories, new developments and community engagement opportunities.

The newsletter will also let you know when each quarterly issue of *We Are Southern* magazine is ready to view online.

If you haven’t already subscribed, visit bit.ly/wearesouthern to sign up for free! Or scan the QR code on this page.

To provide feedback about *We Are Southern* email snswlhd-media@health.nsw.gov.au





Health
Southern NSW
Local Health District

COME WORK AT SOUTHERN

EMPLOYMENT OPPORTUNITIES
AVAILABLE IN NURSING AND MIDWIFERY

A career in nursing or midwifery at Southern offers so many opportunities to develop new skills while living in a beautiful region of New South Wales

TO VIEW CURRENT VACANCIES VISIT
WWW.SNSWLHD.HEALTH.NSW.GOV.AU/CAREERS