

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Introduction

* indicates a required field

About the Her Sport Her Way grant program (HSHW)

Her Sport Her Way (2019-2023) is a four-year strategy that aims to build a stronger NSW sport sector where women and girls are valued, recognised, and have equal choices and opportunities to lead and participate.

It provides a clear role for the NSW Government to work with the sector and new partners in innovative ways to shape the future of women's sport.

The Her Sport Her Way Grant Program (the Program) is a key initiative under this strategy and supports Her Sport Her Way annual action plans, sports participation plans and Office of Sport Strategic Plan 2020-2024.

It provides support to NSW State Sporting Organisations (Organisations) to develop and deliver new initiatives to increase participation of women and girls in sport, on and off the field, and build cultures of diversity and inclusion. This year the Program continues to have a particular focus on initiatives that target adolescent girls.

Eligible applicants

Eligible applicants are:

- NSW State Sporting Organisations. [Check your eligibility against Recognised State Sporting Organisations in NSW.](#)

Eligible Organisations are encouraged to partner with other Organisations, including those with specific experience working with women and girls and underrepresented communities.

Our organisation is a Recognised NSW State Sporting Organisation. *

Agreed

Ineligible Applicants

Ineligible applicants are any organisation types not listed in the 'Eligible Applicants' section, and include (but are not limited to):

- Sporting clubs and associations
- Individuals

An Eligible Applicant will be deemed not eligible for funding under this program if they are an organisation named: (i) by the [National Redress Scheme for Institutional Child Sexual Abuse](#) on its list of institutions that have not joined or not signified their intent to join the Scheme; or (ii) in the Royal Commission into Institutional Responses to Child Sexual Abuse that has not yet joined the National Redress Scheme.

The organisation is not one of the ineligible applicants listed above *

Agreed

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Primary Sport *

Does the project benefit any other sport? *

- Yes No

Please ensure you do not select the beneficiary already selected as the primary project beneficiary above.

Other Project Beneficiaries *

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Archery / Archery Field | <input type="checkbox"/> Fencing | <input type="checkbox"/> Little Athletics | <input type="checkbox"/> Sailing |
| <input type="checkbox"/> Athletics | <input type="checkbox"/> Flying Disc / Ultimate Frisbee | <input type="checkbox"/> Motorcycling | <input type="checkbox"/> Skateboarding |
| <input type="checkbox"/> Australian Football League | <input type="checkbox"/> Football | <input type="checkbox"/> Motorsport | <input type="checkbox"/> Skiing |
| <input type="checkbox"/> Badminton | <input type="checkbox"/> Gliding | <input type="checkbox"/> Netball | <input type="checkbox"/> Snooker |
| <input type="checkbox"/> Baseball | <input type="checkbox"/> Goal Ball (Blind / Vision Impaired Sport) | <input type="checkbox"/> Orienteering | <input type="checkbox"/> Snowboarding |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Golf | <input type="checkbox"/> Paddle Sports | <input type="checkbox"/> Softball |
| <input type="checkbox"/> Bocce | <input type="checkbox"/> Gridiron | <input type="checkbox"/> Parachute | <input type="checkbox"/> Squash |
| <input type="checkbox"/> Boccia | <input type="checkbox"/> Gymnastics | <input type="checkbox"/> Paragliding | <input type="checkbox"/> Surfing |
| <input type="checkbox"/> Boxing | <input type="checkbox"/> Handball | <input type="checkbox"/> Pistol | <input type="checkbox"/> Swimming |
| <input type="checkbox"/> Clay Target Shooting | <input type="checkbox"/> Hang Gliding | <input type="checkbox"/> Polo | <input type="checkbox"/> Table Tennis |
| <input type="checkbox"/> Cricket | <input type="checkbox"/> Hockey | <input type="checkbox"/> Polocrosse | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Croquet | <input type="checkbox"/> Ice Hockey | <input type="checkbox"/> Pony Club | <input type="checkbox"/> Tenpin Bowling |
| <input type="checkbox"/> Cycling Track | <input type="checkbox"/> Ice Skating | <input type="checkbox"/> Rifle | <input type="checkbox"/> Touch Football |
| <input type="checkbox"/> Dancesports | <input type="checkbox"/> Judo | <input type="checkbox"/> Roller Blading | <input type="checkbox"/> Triathlon |
| <input type="checkbox"/> Darts | <input type="checkbox"/> Karate | <input type="checkbox"/> Roller Derby | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Diving | <input type="checkbox"/> Karting | <input type="checkbox"/> Roller Skating | <input type="checkbox"/> Water Polo |
| <input type="checkbox"/> Dragon Boating | <input type="checkbox"/> Kung Fu | <input type="checkbox"/> Rowing | <input type="checkbox"/> Water Skiing |
| <input type="checkbox"/> Endurance Riders | <input type="checkbox"/> Lacrosse | <input type="checkbox"/> Rugby League | <input type="checkbox"/> Weightlifting |
| <input type="checkbox"/> Equestrian | <input type="checkbox"/> Lawn Bowls | <input type="checkbox"/> Rugby Union | <input type="checkbox"/> Wrestling |

Insurance

Organisations approved for funding by this program are required to have a minimum Public Liability Insurance cover of \$5 million. It is recommended, but not a condition of funding, that applicant organisations have Personal Accident, Professional Indemnity and Directors and Officers insurance. Organisations that employ staff must comply with the Workplace Injury Management and Workers Compensation Act 1998 (NSW).

The organisation has public liability insurance for at least \$5 million? *

- Confirmed

I understand that if the application is successful, the organisation is required to maintain a minimum Public Liability Insurance cover of \$5 million for the duration of the project *

- Agreed

Applicant Organisation Details

* indicates a required field

Organisation Name *

Organisation Name

Does your organisation have an ABN? *

Yes

No

Applicant ABN *

The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity name	
ABN status	
Entity type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	More information
ACNC Registration	
Tax Concessions	
Main business location	

Must be an ABN.

Please click on the following link to find your ABN: <https://www.abr.business.gov.au/>

Does your organisation have an Australian Company Number and/or a NSW Fair Trading Incorporation Number and/or Indigenous Incorporation Number? *

Yes

No

Please choose from list below *

- Australian Company Number
- NSW Fair Trading Incorporation Number
- Indigenous Incorporation Number

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form Form Preview

At least 1 choice must be selected.

Please click on the following links to find your number/s as applicable:

- [Australian Company Number](#)
- [NSW Fair Trading Incorporation Number](#)
- [Indigenous Incorporation Number](#)

Australian Company Number *

NSW Fair Trading Incorporation Number *

Indigenous Incorporation Number *

Organisation Postal Address *

Address

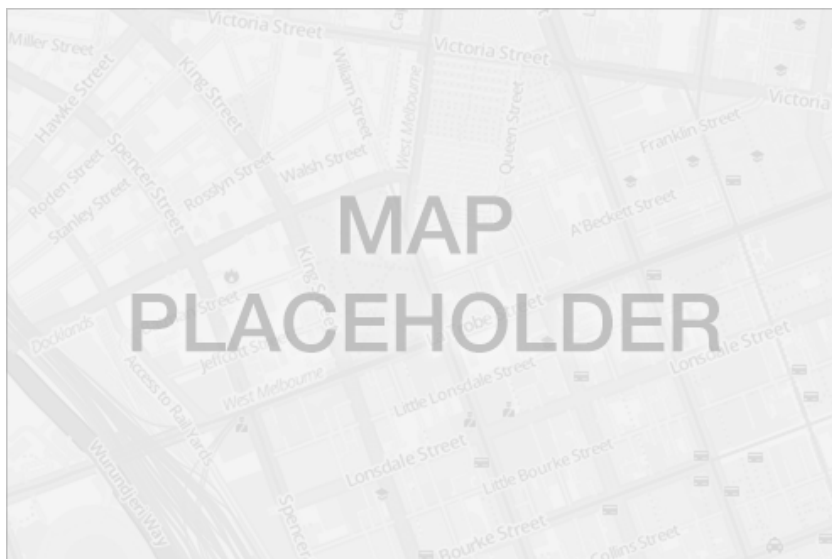
Address Line 1, Suburb/Town, State/Province, Postcode, and Country are required. Country must be Australia

Organisation Street Address *

Address

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview



Address Line 1, Suburb/Town, State/Province, Postcode, and Country are required. Country must be Australia

Organisation Phone Number *

Must be an Australian phone number.
Please include area code eg. 02 9999 9999

Organisation Email *

Must be an email address.
Organisation generic email address preferable if one available.

Organisation Website

Must be a URL.
This is optional.

Organisation social media (e.g. Facebook, Twitter, Instagram etc. if relevant)

This is optional.

Primary Contact Details (Authorised Representative)

The Authorised Organisation Contact will receive formal correspondence from the Office of Sport and will be the organisation's authorised delegated contact who has delegated authority to sign on behalf of the organisation and should be, for example, the General Manager, CEO or Executive Officer, President, Organisation Board or Committee of Management Chair, Chancellor. It is your responsibility to update the Office of Sport of any contact details change during the delivery of the project.

Name *

Title First Name Last Name

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Position *

Business Phone Number *

Must be an Australian phone number.
Please include area code eg. 02 9999 9999

Mobile Phone *

Must be an Australian phone number.

Email Address *

Must be an email address.

Administration/Project Contact

This should be different to the Primary contact. The Administration/Project Contact is who the Office of Sport would have day to day contact with. **N.B.** *the Authorised representative (above) is signing funding agreements only, and is not the day to day contact.*

Name *

Title First Name Last Name

Position *

Business Phone Number *

Must be an Australian phone number.
Please include area code eg. 02 9999 9999

Mobile Phone *

Must be an Australian phone number.

Email Address *

Must be an email address.

Project Details

* indicates a required field

Project Title *

Must be no more than 10 words.

Will be used in correspondence and publication. Please use proper casing. A unique title that identifies your project.

Project Description *

Word count:

Must be no more than 100 words.

Please provide a short description for publication purposes (What and where)

Project Description - Detailed Brief (optional)

Word count:

Must be no more than 250 words.

This can be used to provide a more detailed description of the program. This section is optional.

Project Location

Please provide the main location of the project - must be in NSW.

Projects delivered across multiple locations or state-wide delivery should be outlined in the project scope and need description.

Name of Park/Reserve/Facility *

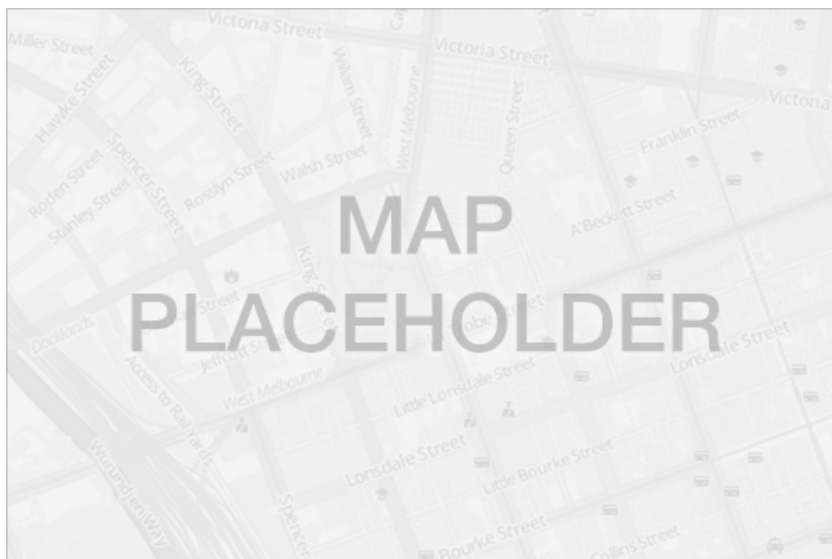
Project Location Name

Street Address *

Address

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview



Address Line 1, Suburb/Town, State/Province, and Postcode are required. Coordinates Required. Country must be Australia

- The Her Sport Her Way grant program provides grants from \$10,000 - \$50,000 per project
- Applicants may apply for more than one project, or multiple locations however the maximum available to any one organisation is \$50,000 p.a.
- The 25% contribution applies to each application

Is your organisation applying for more than one grant application? *

Yes No

How many applications is this organisation submitting? *

Whole numbers only. Maximum of 4

What is your priority ranking of this project? *

This is the organisation's priority ranking of this project compared to other submitted projects. Whole numbers only. Maximum of 4

Project Type

Participation Projects that aim to reduce barriers to participation for women and girls and create innovative, inclusive sport experiences that reflect what women and girls want.

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form Form Preview

Leadership Projects that aim to attract, develop, and retain female coaches, officials and leaders, and projects that recognise and celebrate their achievements.

Capability Projects that aim to build the capability of Organisations to increase the participation of women and girls both on and off the field, and projects that build gender inclusive sporting cultures and environments.

Project Type *

- Participation
- Leadership
- Capability

Choose your project type, individual applications are required for different project types

Project Data

* indicates a required field

Gender and Age Groups

Which gender group will the project primarily benefit? *

- Female
- Male
- Self-Described
- All Genders

Which identified age group will the project primarily benefit? *

- Preschool
- School Aged Children (5-12 years)
- Young People (12-24 years)
- Adult
- Seniors (60+ years)
- All Age Groups

Self-Described

Description

Target Communities

What are the target communities of this project? *

- Disadvantaged communities (low SEIFA)
- People from culturally and linguistically diverse (CALD) backgrounds
- First Nations/Aboriginal people
- People with a disability
- Regional and remote
- Women and girls

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

None of the above

Please complete the questions below detailing the number of participants currently registered with your organisation/club, and the anticipated number that will be registered as a direct result of your proposed project.

How many participants are currently registered with your club/organisation? *

Must be a number.

How many current registered participants are female? *

Must be a number.

How many additional female participants do you anticipate will register with your organisation as a result of your proposed project? *

Must be a number.

How many current registered participants identify as non-binary or have no specific gender group? *

Must be a number.

How many additional non-binary/no specific gender group participants do you anticipate will register with your organisation as a result of your proposed project? *

Must be a number.

How many current registered participants are male? *

Must be a number.

How many additional male participants do you anticipate will register with your organisation as a result of your proposed project? *

Must be a number.

Participant Numbers

Total current number of participants

This number/amount is calculated.

Total anticipated number of participants

This number/amount is calculated.

Participation Increase

Do you anticipate that your proposed project will also increase participation among any of the community groups already identified above? *

- Yes No

Participation Increase continued

If you anticipate that your proposed project will also increase participation among any of the community groups already identified above (Disadvantaged communities (low SEIFA), People from culturally and linguistically diverse (CALD) backgrounds, First Nations/Aboriginal people, People with a disability, Regional and remote), please provide details of the group in question and, including clear figures where possible, the increase in participation you anticipate as a result of your project.

Which community groups do you anticipate will enjoy an increase in participation as a result of your project, and by how much? Include clear figures where possible. *

Program Objectives

* indicates a required field

Applicants should demonstrate how the project aligns with Her Sport Her Way annual action plans, sports participation plans, or other relevant strategies including Office of Sport Strategic Plan 2020-2024 and its focus on underrepresented populations

- [Her Sport Her Way Strategy](#)
- [Office of Sport Strategic Plan 2020-2024](#)

Which of the following program objectives will the project address? *

- Increase the number of women and girls playing sport
- Improve the retention of adolescent girls
- Increase the number of women and adolescent girls in leadership positions both on and off the field

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

- Improve gender inclusive sporting cultures and environments.
At least 1 choice must be selected.
Select all that apply

How will the project increase the number of women and girls playing sport? *

Word count:
Must be at least 50 words.

Supporting evidence (optional)

Attach a file:

How will the project improve the retention of adolescent girls? *

Word count:
Must be at least 50 words.

Supporting evidence (optional)

Attach a file:

How will the project increase the number of women and adolescent girls in leadership positions both on and off the field? *

Word count:
Must be at least 50 words.

Supporting evidence (optional)

Attach a file:

How will the project improve gender inclusive sporting cultures and environments? *

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Word count:
Must be at least 50 words.

Supporting evidence (optional)

Attach a file:

Merit Assessment - Criterion 1

* indicates a required field

Demonstrate how the project meets at least one of the objectives of the program.

*

Word count:
Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Demonstrate how the project aligns with strategies of your sport. *

Word count:
Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Provide details and supporting evidence of National Organisation support for project(s) where relevant *

Word count:
Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Upload letter of National Organisation support for project(s) where relevant, community and stakeholder consultation and support letters

Describe community and stakeholder consultation and project support. *

Word count:
Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Provide relevant attachments and support letters

Demonstrate how the project aligns with Her Sport Her Way strategy and the Office of Sport Strategic Plan 2020-2024 and its focus on underrepresented populations *

Word count:
Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Merit Assessment - Criterion 2

* indicates a required field

Provide a clear project description including evidence of key deliverables/outputs

*

Word count:
Must be at least 100 words.
Describe why the project is a priority need, what issue does the project address?

Upload evidence (optional)

Attach a file:

Provide details on who the target group is and how they will be engaged during the project *

Word count:

Must be at least 100 words.

Please provide specific key user groups that will benefit from this project

Number of participants *

Must be a number.

How many participants will benefit?

Provide details on how and where the project will be delivered *

Word count:

Must be at least 100 words.

E.g. specific/multiple locations or state-wide delivery

Upload evidence (optional)

Attach a file:

Provide evidence/data to support the project need *

Word count:

Must be at least 100 words.

Upload evidence (optional)

Attach a file:

This could be letters of support from partnerships, local councils, associations etc.

Provide details on what approaches will be taken to improve the experience and offerings for the target group *

Word count:

Must be at least 100 words.

Upload evidence/data to support approaches to improvement (optional)

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Attach a file:

Outline measures that will be used to learn throughout the project and build evidence on what is working or needs changing *

Word count:

Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Demonstrate how the project seeks to sustain sports participation within the community beyond the end of the grant period *

Word count:

Must be at least 100 words.

Supporting evidence (optional)

Attach a file:

Merit Assessment - Criterion 3

* indicates a required field

Project Timeframe

Please provide your anticipated project start and completion dates

Proposed start date of project *

Must be a date and no earlier than 1/2/2023.

Anticipated finish date of project *

Must be a date and no later than 30/6/2024.

Key Project Milestones

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Provide a detailed project plan that outlines project tasks and milestones schedule and information about deliverables against timelines.

Please complete the following table with further details about the stages/phases involved in your project.

Project stage	Start Date	End date
	Must be a date and no earlier than 1/2/2023.	Must be a date and no later than 30/6/2024.

Upload project plan (optional)

Attach a file:

Demonstrate the capacity to start the project in 2023, and have it completed by 30 June 2024. *

Word count:

Must be between 100 and 250 words.

Demonstrate proven experience in delivering similar scale and type of project(s) or detail the resources and skills you possess in order to deliver the project successfully *

Word count:

Must be between 100 and 250 words.

Will you have any project partners in delivering the project? *

Yes

No

Evidence of project partners will be considered as adding to your capacity to deliver the project

Project Partner Details

To add another Project Partner, click on ADD MORE

Project Partner Name *

Organisation Name

Contact Name *

Title

First Name

Last Name

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Email *

Must be an email address.

Business Phone *

Must be an Australian phone number.
Please include area code eg. 02 9999 9999

Role in Partnership *

Contribution to the project *

Word count:

List the partnership and then a brief description of what the contribution is.

Upload letter/s of support *

Attach a file:

Merit Assessment - Criterion 4

* indicates a required field

Please complete the following section in order to demonstrate the income sources, and expenditure required to complete your project.

Prior to doing so please review the following:

Refer specifically to sections in the Program Guidelines on *Financial co-contribution*, *Ineligible project costs* and *Eligible projects* to ensure your grant request only includes eligible scope items. Costs identified as ineligible can be included in your budget but cannot form part of the grant requested.

INELIGIBLE PROJECT COSTS

The Program will NOT fund the following projects or project components:

- Retrospective funding, where projects have commenced or completed at the time of application
- Projects that have already been funded by the NSW Government unless significant new and additional scope is identified
- Project will not be completed by June 2024
- Project administration costs and staff wages. Although staff wages directly related to the project can be included as part of your co-contribution.

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

- Appearance fees, prize money, trophies, and presentation functions
- Entertainment, hospitality, catering, food and drink
- Events that are organised for the primary purpose of fundraising, including charity fundraising events
- Purchase of land, rental of premises or associated occupancy payments
- General running costs including capital equipment or office equipment
- Insurance (public liability, general liability, etc.)
- Infrastructure projects (eg. construction, upgrade, maintenance, and repairs).

Each application will be checked for eligibility by the Office of Sport. All applications including those with uncertain eligibility assessment will be referred to the Grant Assessment Panel for final determination on eligibility.

GST

- **Organisations registered for GST:** When applying for funding please exclude GST from the amount of funding requested in your project budget. GST will be paid to your organisation if successful, for each instalment.
- **Organisations not registered for GST:** When requesting funding for your project, please include GST in the costs for your project budget. Please ensure that quotes you receive are inclusive of GST that will be charged.

NOTE: Please ensure that financial information presented in the application form below matches financial information presented in other documents provided (cost evidence, quotes etc). Mismatched financial information (without a clear rationale or explanation) may effect your scoring against the project affordability merit criterion.

Are you registered for GST? If you do not have an ABN, you will not be registered for GST. *

- Yes No

Budget Declaration

Items listed in the Budget Expenditure with a funding source of 'this grant application' does not include any of the cost items and/or project components listed above. *

- I confirm

Budget Expenditure

The budget should be reasonable, based on valid cost estimates and realistic funding model including:

- Provide a clear and detailed budget. The budget should clearly identify project costs and funding sources
- Provide evidence to support budgeted costs e.g., detailed estimates or assumptions, quotes
- Provide evidence of approval for committed funding co-contribution(s). All applications are required to provide a minimum 25% financial or in-kind co-contribution of the total project cost. (e.g. volunteer labour, project administration, partner contribution, facility hire) Volunteer hours should be calculated at \$50 per hour.

Reminder:

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

- ***If your Organisation is registered for GST, please list expenditure items exclusive of GST. If successful, GST will be added to your grant amount at the point of invoicing.***
- ***If your Organisation is NOT registered for GST please list expenditure items inclusive of GST.***

To add another item click on **ADD MORE**

Item description	Item cost	Upload quote or cost estimates	Funding Source
	\$		

Budget Expenditure Total

Total Expenditure Amount

\$

This number/amount is calculated.
This will be your total project costs.

Will the project proceed if the full grant amount requested is not approved? *

Yes

No

Comments relating to the ability to proceed without full funding (optional) *

Amount requested

Amount Requested *

\$

Must be between \$10,000 and \$50,000. No more than 75% of total project cost

Difference between total project cost and Amount requested

Amount Requested must not exceed your Budget Expenditure Total

The amount you have requested exceeds your Budget Expenditure Total. Please amend Amount Requested before continuing *

Noted

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Your % of co-contribution to the project

Must be at least 25% of the total project cost

Confirm co-contribution *

I confirm

Upload evidence of co-contribution *

Attach a file:

This could be a spreadsheet outlining expenditure

Declaration

* indicates a required field

The declaration below must be agreed to by a person who has delegated authority to sign on behalf of the organisation e.g. CEO, General Manager, member of the Board of Management or authorised staff member.

I declare that: *

- I am duly authorised by the organisation to prepare and submit this application.
- This organisation is eligible to apply for funding in accordance with the eligibility criteria in the Funding Guidelines.
- The responses in this application and all supporting documents provided are to the best of my knowledge true and correct.
- I understand that the Office of Sport may disclose the information provided in this application to other Government agencies, Local Government, reviewers and staff assisting with the administration or promotion of State Government Grant Schemes and/or in the event of a request pursuant to the Government Information (Public Access) Act 2009.
- I understand that information in relation to this project will be made public in the event that the application for funding is successful and in other circumstances as outlined in the Program Guidelines.
- Where required, our project will comply with all the relevant codes, standards and applicable legislation of the Australian and NSW Governments.
- I acknowledge that in preparing this application I am not aware of any known conflicts of interest as outlined in the Program Guidelines, and will keep the Office of Sport updated if any conflict of interest arise during the term of the funding agreement.
- I understand that if the project is successful, the organisation is required to have a minimum Public Liability Insurance cover of \$5 million for the duration of the project.
- The applicant organisation is not named by the National Redress Scheme for Institutional Child Sexual Abuse on its list of Institutions that have not joined or signified their intent to join the Scheme.

At least 9 choices and no more than 9 choices may be selected.

Name *

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

Her Sport Her Way (HSHW) 2022/23 Round 4 Application Form

Form Preview

Position *

Business Phone Number *

Must be an Australian phone number.

Mobile Phone *

Must be an Australian phone number.

Email Address *

Must be an email address.

Child Safe Reporting Obligations

Is your organisation aware of the NSW Child Safe Scheme? *

- Yes No

Is your organisation working to embed the 10 Child Safe Standards in it's systems, policies and processes? *

- Yes No Unsure Not applicable

Sport Shorts Newsletter

If you would like to subscribe to the Office of Sport "Sport Shorts" newsletter please fill in your details [here](#).

Application Feedback

Please provide us with feedback regarding the online application process so that we can continue to improve this for applicants. This section has no impact on the outcome of your application.

Please rate your experience completing this application form: *

- Very easy and simple to complete
 Somewhat easy and simple to complete
 Somewhat difficult to complete
 Very difficult to complete

Please estimate how many hours you spent completing this application *

Must be a whole number (no decimal place).

