



Photo by Janet Masters

# Far West in Focus

## Positive reaction to new Wentworth hospital location

The Wentworth Health Service Redevelopment project team took the Master Plan out to the Wentworth community on 21 and 22 July, with seven information sessions held over 24 hours. The preferred site selection of the existing hospital site was also announced, with the vision of the new hospital to be built up to look over the Darling River received very positively.

Well-attended consultation sessions were held with Wentworth Health Service staff, Two Rivers Health Council, Wentworth Shire Council and the wider community. A Walk on Country event was one of the highlights of the visit, providing an opportunity to connect with local Aboriginal people about the importance of the Darling River and to hear about their ideas for the redevelopment.

A few members of the project team will be back in Wentworth on August 27 and 28 to attend the Wentworth Show, providing another great opportunity to share information about the hospital redevelopment with locals, including young families.



Information collected during the consultations will be used to help inform the concept design, which is the next step for the project. The NSW government has committed \$30 million to redevelop the Wentworth Health Service.

## Farewell to Chief Executive after 3 years leading the LHD

Colleagues and staff farewelled the Chief Executive Umit Agis, who has left the LHD after almost three years at the helm. A farewell morning tea was held at the CHC.

Mr Agis said he loved the job and the community the LHD served, as well as praised the staff with whom he worked with during his tenure "...and the growing it afforded me both as a person and as a professional".

He said: "I leave behind many great memories of collective triumphs, resilience, commitment to a cause to make a positive difference to the lives of those for whom we care, and of our community and partners who engaged with and supported us during our journey. This is not to deny that we did not have our share of significant challenges and frustrations.

"I am proud of what we have achieved, and I know that Far West will continue to make strides in its evolution and continue its march towards being the best possible provider of health services in a rural and remote setting."







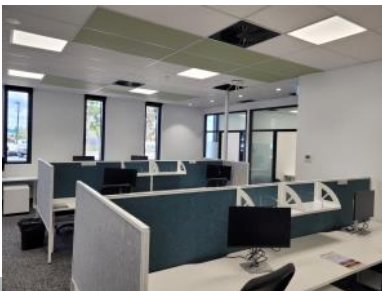
# Buronga HealthOne Community Open Day



To celebrate the completion of the new Buronga HealthOne, a Community Open Day was held on Friday 8 July 2022 which gave the public an opportunity to see firsthand the new purpose built facility.

In recognition of NAIDOC Week 2022, staff wore their Nharatji shirts. Barkandji Elders and representatives Brian, Peter and Jenny participated in a Welcome to Country, a traditional smoking ceremony and planting of a relationship tree in recognition of partnerships, collaboration, connection and growth.

The Buronga Health One opened for service on Thursday 14 July 2022.







# NAIDOC Week 2022 in the LHD

National NAIDOC Week celebrations are held across Australia in the first week of July each year. This year's theme for NAIDOC 2022 was Get Up! Stand Up! Show Up!

Far West LHD hosted a variety of afternoon and morning teas across the Far West during NAIDOC week to celebrate the culture and the achievements of Aboriginal and Torres Strait Islander peoples and provided an opportunity to recognise the history of First Nations people.

NAIDOC Week is an opportunity for all staff to learn about First Nations cultures, histories and to participate



***The LHD's Director Aboriginal Health, Planning and Community, Corina Kemp, cutting the traditional NAIDOC Week cake with Chief Executive Umit Agis.***



in celebrations of the oldest, continuous living cultures on earth.

At the NAIDOC Week celebration in Broken Hill, a Welcome / Acknowledgement to Country was conducted by Corina Kemp, followed by a recognition speech by CE Umit Agis acknowledging the wonderful work of all Aboriginal Health Workers across the District.

This gathering for an afternoon tea and cake cutting for NAIDOC 2022 was held at the Broken Hill Community Health Centre due to the COVID restrictions at the Broken Hill Health Service.

Staff and community were welcomed to come along and celebrate and recognise together NAIDOC Week 2022.





## Communications Survey — chance to win \$50

All staff are invited to provide their feedback to assist the LHD in better communicating with each and every one of you. You're invited to complete a short survey to help us identify what matters most to you. Those who complete the survey can go into the draw to win a \$50 Wish Card.

[Click here](#) or visit <https://www.surveymonkey.com/r/BHMGX36> to complete the survey or use the QR code (at right).

### People Matter Employee Survey 22 August – 16 September 2022

#### *What you say matters!*

Please take the time to participate in the survey. Your feedback is anonymous and will be treated confidentially. By having your say you are helping make the Far West LHD a better place to work for everyone. Your feedback is important and gives you the opportunity to tell us what you think we are doing well and what we can do better. The survey asks you questions about your experience at work, your role, managers, and organisation.

It is easy to participate. The web link and QR Code will be open on Monday 22 August, please allow approximately 10-15 minutes to complete the survey. [www.health.nsw.gov.au/peoplesurvey](http://www.health.nsw.gov.au/peoplesurvey)





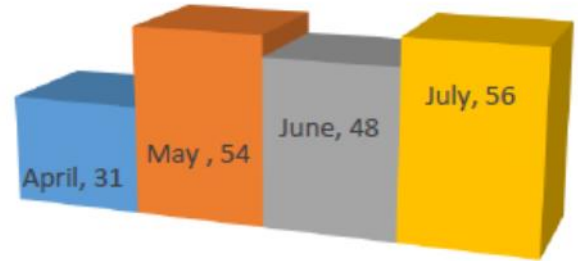
# 2021 NSW Public Sector Employee Survey

More information about the PMES report and Action Plan can be found at [People & Culture PMES intranet page](#).

## PMES Focused Update on RECOGNITION

**You said:** *Receiving adequate recognition for your contributions from your organisation needs improvement.*

**What we did:** We revamped the Brilliance Nomination certificate and continued to promote the Brilliance Nomination peer recognition process. As a result brilliance nominations increased significantly over the past three months.



COLLABORATION | OPENNESS

# BRILLIANCE Nominations

RESPECT | EMPOWERMENT



# People Matter

Have your say ...

NSW Public Sector Employee Survey 2022  
22 August to 16 September

# CONGRATULATIONS

**Congratulations to the following staff for receiving a Brilliance Nomination in July 2022**

Amanda Schuster  
 Bianca Johnstone  
 Brayden Borbely  
 Breanna O'Neil  
 Carrie Barlow  
 Cherry Santos Luneza  
 Chloe Deighton  
 Chloe Lingard  
 Dan Barnard  
 Darcie Kavanagh  
 Dareton Primary Health /  
 Dareton MHDA  
 Denise McCallum  
 Dr John Botha  
 Elaine Fotheringham  
 Emma Crawford  
 Haley King

Jacinta Barraclough  
 James Cupitt  
 Jeanette Stubing  
 Kahliia Liston  
 Karen Rakete  
 Keira Boxsell  
 Kim O'Brien  
 Kristy Kelly  
 Marshall Kelly  
 Matthew Gray  
 Mental Health Inpatient Unit  
 Team  
 Mercedes Tonkin  
 Minaben Patel  
 Moana Ngatuvai  
 Morgan Walsh  
 Murphy Barker

Nicole Rigby  
 Pam Illingworth  
 Pam Stuchbery  
 Patricia Taylor  
 Professor John Botha  
 Rachel Brown  
 Samara Rogers  
 Sharna Dettorre  
 Sherie Smith  
 Stephanie Bria  
 Tanyia Brown  
 Taylor Solomon  
 Thomas Lilo  
 Vilas Nair  
 Yar Dhieu  
 Zoe Van Halem

**Do you have an idea for change, for a service improvement, better patient and staff experiences, or any burning project proposals?**

Let us know — Scan the QR code or go to <https://www.surveymonkey.com/r/WBHNSHZ>



The Brilliance Nominations are a great way to share positive feedback with your peers for the great work they are doing. All Brilliance Nominations are logged in a register for the Annual FWLHD Health Staff Awards and then forwarded to the nominated staff member via email.

Scan the QR Code to nominate or go to [www.surveymonkey.com/r/JNQK8D5](https://www.surveymonkey.com/r/JNQK8D5)





## Shoot to win a \$100 Wish Card



Calling all staff - showcase your work through your lens for a chance to win a \$100 Wish Card in our Capturing FWLHD Photo Competition. For details on the competition and how to enter [CLICK HERE](#).

Entries close Thursday, 18 August 2022 and the winner of the best photo will be announced Monday, 29 August 2022.

Examples of the type of photos we are after are pictured at left.



## New Pathology Test Directory

The NSW Health Pathology test directory has been revised and there is a new one.

This can be found by google or this link: <https://catalogue.pathology.health.nsw.gov.au/home>



## Community Parade EOI

After many setbacks, Broken Hill will once again be playing host to the ever fantabulous Broken Heel Festival from 8-12 September 2022.

Even if you can't make it to the festival, you still have an opportunity to be involved by joining ACON and Clinic 9 in the Community Parade on Saturday 10 September!

This year's colour theme for our entry is orange, so start planning a fabulous outfit and contact Kendall at Clinic 9 on email [kendall.jackman@health.nsw.gov.au](mailto:kendall.jackman@health.nsw.gov.au) to register your interest and get updates closer to the date.

Chookas!

## BALRANALD DOMESTIC & FAMILY VIOLENCE SERVICES FORUM

How can we support those experiencing Domestic & Family Violence in Balranald? Do you know who can help? What supports are still needed in our community?

Services are invited to attend a forum on domestic and family violence on:  
DATE: 25 August 2022  
TIME: 10am – 2pm. VENUE: Theatre Royal, Market Street, Balranald  
Morning Tea provided

There will be presentations by:

- Mallee Accommodation & Support Program (MASP).
- Far West Women's DV Court Advocacy Service (WDVCAS).
- Warra Warra Legal Service.
- NSW Police Force.
- Mallee Family Care Community Legal Centre.
- Mallee DV Services & Sexual Assault Unit.
- Mission Australia – Men's Behaviour Change Program.
- Far West Local Health – Violence, Abuse & Neglect Service.

To register, please book via this link: <https://www.trybooking.com/CBLSJ>.  
RSVP by Friday 19 August 2022.

Supported by BALRANALD EUSTON ABUSE & VIOLENCE INTERAGENCY







# Older skin

## Aged Care Corner...

Many people don't think of their skin as a protective organ. But protection is one of the most important functions of your skin. Skin acts as a barrier and protects you from a variety of things like trauma, changes in outside temperature, and environmental chemicals, to name a few. Not to mention, skin plays a vital role in one's appearance, which may impact your self-image and quality of life.

We should screen all patients over 65 years of age for pressure injury and skin tear risk as soon as possible after admission to hospital (within 8 hours of presentation) and following any change in health status.

Older people are at risk of skin damage, as changes that can occur to skin as it ages can affect its integrity, making it more vulnerable to damage, and to the development of a pressure injury or skin tears. In addition, older people in hospital are likely to spend more than 23 hours per day either in bed or sitting.

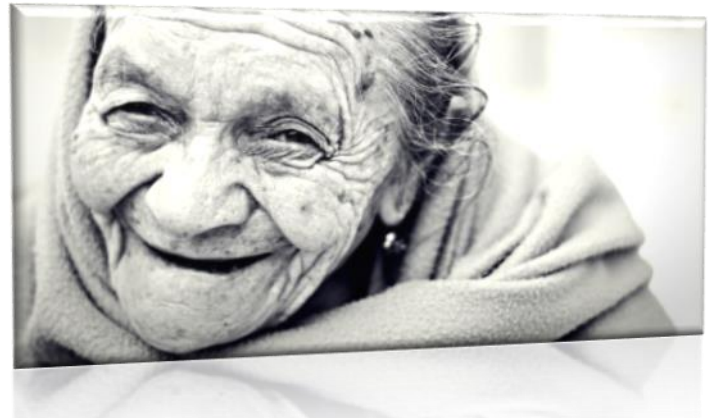
### As skin ages it:

- becomes thinner and less elastic
- loses moisture and can become dry and more vulnerable to splitting and cracking
- develops folds and wrinkles
- loses its cushioning layer of subcutaneous fat
- has decreased sensory perception and is less likely to be able to detect temperature changes or pain
- has decreased temperature control and therefore an older person is less able to regulate their body temperature
- is more easily injured (prone to tearing and bruising) is slower to heal

### Older people who experience pressure injuries and skin tears while in hospital are at increased risk of:

- morbidity and mortality
- pain

- reduced mobility and loss of independence; which increases the risk of developing pressure injuries
- longer hospital stay
- reduced quality of life



- anxiety and worry
- reduced social contact and increased social isolation.
- loneliness.

Skin basics include – assessment, movement, skin care, pressure relief, nutrition and hydration, education and communication (documentation, referral and clinical handover).

EMR Documentation – Staff should attend Braden Assessment or the Waterlow Assessment (View Ad Hoc Documentation).

MDT referrals if required - Occupational Therapy, Dietitian, CNC Wounds.



### Further Learning:

My Health Learning - Pressure Injury Prevention: Risk Assessment: Course No. 115610702



**Have you ever said to yourself, "If they just changed this and did it this way, it would be much better"?**

**Well, now you have a quick and easy way to suggest your ideas!**

Scan the QR code or go to <https://www.surveymonkey.com/r/WBHNSHZ> if you have ideas for change; for service improvement, better patient and staff experiences, or any burning project proposals you might have. We want to make sure that any of our staff with ideas for projects, innovations or change have a platform to submit their ideas and have a chance to talk about them.

The Project Management Office (PMO), located at the CHC in Broken Hill, will receive your ideas through the portal and explore opportunities to convert these into projects.







Photo by Janet Masters

## Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <http://www.health.nsw.gov.au/policies>. These documents are official NSW Health policy. Compliance with Policy Directives is **mandatory**.

Title	Document Number	Date Issued
<a href="#">Aboriginal Cultural Training – Respecting the Difference</a>	PD2022_028	15/07/2022
<a href="#">Charges for Newborn and Paediatric Emergency Transport Services and Ambulance</a>	IB2022_023	20/07/2022

### MAPA courses re-instated

MAPA /Safety Interventions training was accidentally cancelled from My Health Learning. The courses have been re-instated.  
 Dates are:  
 August 11th and 12th, at Broken Hill.  
 August 24th, at Broken Hill.  
 September 14th and 15th, at Broken Hill.  
 Please note if you were enrolled into these courses you will need to re-enrol.  
 Please note MAPA training scheduled in Balranald and Wentworth has been postponed for August.

### Cyber Security Fundamentals course is mandatory

Cyber Security awareness remains a critical tool to protect yourselves, your family and your workplace from cyber criminals and threat actors. We are reminded daily through the media of the consequences of getting caught up in scams or phishing attacks. NSW Health offers Cyber Security Fundamentals training module (state-wide mandatory training) available on MyHealth Learning. The modules takes approx. 20 minutes to complete and includes 15 mins of training and 5 mins for the completion of a quiz and training evaluation. Our compliance numbers are slowly increasing but we are still at risk. Everyone is encouraged to make time for this important training.

NSW GET HEALTHY SERVICE  
FAR WEST LHD SNAPSHOT 2020-21

**PROGRAM REACH GET HEALTHY SERVICE**

- 64 PEOPLE REFERRED
- 59 HEALTH PROFESSIONAL REFERRALS (164% IMPROVEMENT MEASURE REACHED)
- 31 ENROLMENTS FROM HEALTH PROFESSIONAL REFERRALS

**PROGRAM REACH GET HEALTHY IN PREGNANCY**

- 34 WOMEN REFERRED
- 109% REFERRAL KPI TARGET REACHED
- 13 WOMEN ENROLLED

**SUPPORTING PRIORITY GROUPS**

7.7% ARE ABORIGINAL

99.9% LIVE IN REGIONAL AND REMOTE AREAS

100% FROM LOW SOCIOECONOMIC AREAS\*  
\*3 lowest SEIFA quintiles

**HEALTH OUTCOMES\***

Participants who were overweight or obese at baseline achieved:

- 4.3 kg AVERAGE WEIGHT LOSS
- 3.3 cm AVERAGE WAIST CIRCUMFERENCE REDUCTION
- 1.69 kg/m<sup>2</sup> AVERAGE BMI REDUCTION

\*Excludes pregnancy related

*"I have got so much out of my coaching calls. I have lost weight, got more motivation, I take on board the information I get from my coach and his calls can get me back on track when I get lost"*  
— Cheryl, 67 years, FWLHD

**ENROLMENTS BY PROGRAM**