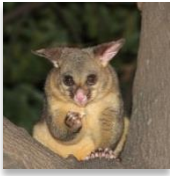




Lip sounds



p



b



m



f



v



w



The sounds **p**, **b**, **m**, and **w** are made with your lips together.

The **f** and **v** sounds are made with your top teeth touching your bottom lip.

Children usually learn to say: **p**, **b**, **m**, **w**, and **f** by 3 years, and **v** by 4 years of age.



Children sometimes confuse **p** and **b** sounds as they are learning.

They might say: *bee* instead of *pea*.

Children sometimes replace **f** with a **p**, **t**, or **s** sound.

They might say: *pour*, *sore*, or *tore* instead of *four*.



Model lip sounds when you are talking together.

Child: (*pointing to a pear*) I want a *bear*.

You: You want a *pear*? Here's a *pear*.

Praise your child for trying to say **lip sounds**.

It's OK if your child doesn't say the sounds after you.



Talk about **fixing up lip sounds** in words, and give your child an example in your own talking.

You: There are *tore* eggs. Oops! I said *tore* and I meant *four*!

I need to fix it up. Let's try to say *four* with our top teeth on our lips.

Don't practice mistakes. It is OK to wait until you see a speech pathologist.



p

Penny Possum

The **p** sound is a puff of air. Put your lips together and feel the 'pop' of air on your hand.

It is a short, quiet sound.

Easier words: *puppy, pop, pat, pig, party*

Harder words: *present, pebble, please, plate, pineapple*

Sing with sounds: Sing a nursery rhyme

Pat-a-cake, *pat*-a-cake, baker's man,
Bake me a cake as fast as you can.
Pat it, and roll it, and mark it with a 'B',
And *put* it in the oven for baby and me!

Polly put the kettle on,
Polly put the kettle on
Polly put the kettle on,
We'll all have tea!

Play with sounds: Use p words in your play together



Pop some bubbles or
bubble wrap.
Pop, pop, pop!



Have a *picnic* (real or
pretend) and *pack* some
peaches, pears, or
pineapple.



Paint a *picture* with red
paint, blue *paint,* or *pink*
and *purple!*

Read with sounds: Visit the library and borrow some books

Purple Sock, Pink Sock by Jonathan Allen
If You Give a Pig a Pancake by Laura Joffe Numeroff
Papa, Please Get the Moon for Me by Eric Carle



b

Benny Bandicoot

The **b** sound is a puff of air.

Put your lips together and feel them bounce open.

It is a short, noisy sound.

Easier words: *baby, baa, bee, bubble, bear*

Harder words: *blow, blue, bandicoot, breakfast, bounce*

Sing with sounds: Sing a nursery rhyme

Here is the *beehive*, where are the *bees*?
Hiding away where nobody sees.
Watch and you'll see them come out of the hive,
One, two, three, four, five.

Baa baa black sheep,
Have you any wool?
Yes sir, yes sir,
Three *bags* full.

Play with sounds: Use **b** words in your play together



Play with a *baby* doll or a *bear*. Give it a *bath* and a *bottle*, and put it to *bed*.



Bounce a *ball*.
Bounce, bounce, bounce!



Have a *bubble bath*, or *blow* some *bubbles*.
Catch the *big bubbles!*

Read with sounds: Visit the library and borrow some books

Brown Bear, Brown Bear, What Do You See? by Eric Carle

The Baby BeeBee Bird by Diane Redfield Massie

Whose Baby am I? by John Butler



m

Mia Mouse

The **m** sound is made with your lips closed and with air coming through your nose.

It is a long, noisy sound.

Easier words: *man, moon, more, my, me*

Harder words: *monster, machine, muffin, merrily, mouth*

Sing with sounds: Sing a nursery rhyme

Have you seen the *Muffin Man*,
The *Muffin Man*, the *Muffin Man*?
Have you seen the *Muffin Man*,
Who lives on Drury Lane?

Row, row, row your boat,
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.

Play with sounds: Use m words in your play together



Sort the washing as it goes in the *machine*. This shirt is *mine*. Help *me* put in this towel.



Make morning tea together. You *might* have *melons*, *milk*, or *muffins*. Yummy!



Draw a *monster* or a *mouse*. Add a smiley *mouth* and a *moustache*.

Read with sounds: Visit the library and borrow some books

Goodnight Moon by Margaret Wise Brown

If You Give a Moose a Muffin by Laura Joffe Numeroff

It's Mine! by Rod Campbell



Fifi Flying Fox

The **f** sound is made with your top teeth touching your bottom lip.

It is a long, quiet sound.

Easier words: *five, fish, farm, fan, four*

Harder words: *flap, foot, fastest, frown, free*

Sing with sounds: Sing a nursery rhyme

Five little ducks went out one day,
Over the hills and *far* away,
Mother Duck said, "Quack quack quack",
But only *four* little ducks came back.

Old Macdonald had a *farm*,
Ee-eye, ee-eye, oh.
And on that *farm*, he had a cow,
Ee-eye, ee-eye, oh.

Play with sounds: Use **f** words in your play together



Pretend to be a giant:
Fee, Fie, Foe, Fum!



Play with cars. Make them go *fast*, and *far* away! Which car is the *fastest*?



Count as you walk up stairs, or on your *fingers*.
One, two, three, *four*,
five.

Read with sounds: Visit the library and borrow some books

The Rainbow Fish by Marcus Pfister

Fancy Nancy by Jane O'Connor

The Foot Book by Dr Seuss



v

Vicki Viper

The **v** sound is made with your top teeth touching your bottom lip.

It is a long, noisy sound.

Easier words: *van, visit, vet, vase*

Harder words: *vacuum, volcano, vinegar, very, view*

Sing with sounds: Sing a nursery rhyme

The wheels on the *van* go round and round,
Round and round, round and round.

The wheels on the *van* go round and round,
All the way to town.

Where is thumbkin? Where is thumbkin?
Here I am. Here I am.

How are you today sir? *Very* well I thank you.
Run away, run away.

Play with sounds: Use v words in your play together



Vacuum the carpet.
Voom, voom, voom!



Your toy pets can have a pretend *visit* to the *vet*.



Make a *volcano* with *vinegar* and baking soda in a plastic bottle.

Read with sounds: Visit the library and borrow some books

The Very Hungry Caterpillar by Eric Carle

The Very Lonely Firefly by Eric Carle

The Very Busy Spider by Eric Carle



w

Wes Wombat

The **w** sound is made with your lips rounded.
It is a long, noisy sound.

Easier words: *walk, wood, water, wash, wombat*

Harder words: *wheel, whale, wind, willow, winter*

Sing with sounds: Sing a nursery rhyme

Incy *wincy* spider climbed up the *water* spout,
Down came the rain and *washed* the spider out.
Out came the sunshine, and dried up all the rain,
So incy *wincy* spider climbed up the spout again.

Wee Willy Winky,
Runs through the town.
Upstairs and downstairs,
In his nightgown!

Play with sounds: Use **w** words in your play together



Wash your hands with *water* and soap. *Woah*, they're all *wet*!



Ask *wh*- questions in your day. *Where* is the cup? *What* will we do next?



Draw a *whale* or a spider *web*. *Wait*, *what* else will my *whale* need?

Read with sounds: Visit the library and borrow some books

Big Wheels by Anne Rockwell

I Went Walking by Sue Williams

Diary of a Wombat by Jackie French