



Long sounds



f



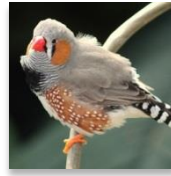
v



h



s



z



sh



th



Long sounds are made with a long flow of air.

Children usually learn to say:

- h, f** as in *happy* and *far* by 3 years,
- s, z, sh, v** as in *see, zip, shop* and *van* by 4 years, and
- th** as in *thumb* by 6 years of age.



Children sometimes replace **long sounds** (e.g. **f, s**) in words with short sounds (e.g. **p, d**) as they are learning.

They might say: *pear* for *fair*, *tea* for *see*, or *tip* for *ship*.

Children sometimes replace one **long sound** with a different **long sound**.

They might say: *sore* for *four*, or *sip* for *ship*.



Model long sounds when you are talking together.

Child: (looking at a book) I can *tea* a *tun*.

You: I can *see* the *sun* too. It's a *sunny* day.

Praise your child for trying to say **long sounds**.

It's OK if your child doesn't say the sounds after you.



Talk about **fixing up long sounds** in words, and give your child an example in your own talking.

You: Let's go to the *sops*. Oops! I said *sops* and I meant *shops*!

I need to fix it up. Let's try to push our lips forward for *shops*.

Don't practice mistakes. It is OK to wait until you see a speech pathologist.



Fifi Flying Fox

The **f** sound is made with your top teeth touching your bottom lip.

It is a long, quiet sound.

Easier words: *five, fish, farm, fan, four*

Harder words: *flap, foot, fastest, frown, free*

Sing with sounds: Sing a nursery rhyme

Five little ducks went out one day,
Over the hills and *far* away,
Mother Duck said, "Quack quack quack",
But only *four* little ducks came back.

Old Macdonald had a *farm*,
Ee-eye, ee-eye, oh.
And on that *farm*, he had a cow,
Ee-eye, ee-eye, oh.

Play with sounds: Use **f** words in your play together



Pretend to be a giant.
Fee, Fie, Foe, Fum!



Play with cars. Make them go *fast*, and *far* away! Which car is the *fastest*?



Count as you walk up stairs, or on your *fingers*.
One, two, three, *four*,
five.

Read with sounds: Visit the library and borrow some books

The Rainbow Fish by Marcus Pfister

Fancy Nancy by Jane O'Connor

The Foot Book by Dr Seuss



Vicki Viper

The **v** sound is made with your top teeth touching your bottom lip.

It is a long, noisy sound.

Easier words: *van, visit, vet, vase*

Harder words: *vacuum, volcano, vinegar, very, view*

Sing with sounds: Sing a nursery rhyme

The wheels on the *van* go round and round,
Round and round, round and round.

The wheels on the *van* go round and round,
All the way to town.

Where is thumbkin? Where is thumbkin?
Here I am. Here I am.

How are you today sir? *Very* well I thank you.
Run away, run away.

Play with sounds: Use **v** words in your play together



Vacuum the carpet.
Voom, voom, voom!



Your toy pets can have a pretend *visit* to the *vet*.



Make a *volcano* with *vinegar* and baking soda in a plastic bottle.

Read with sounds: Visit the library and borrow some books

The Very Hungry Caterpillar by Eric Carle

The Very Lonely Firefly by Eric Carle

The Very Busy Spider by Eric Carle



h

Harry Humpback Whale

The **h** sound is made with a long breath of air. Feel the air on your hand.

It is a long, quiet sound.

Easier words: *hush, how, who, hay, ham*

Harder words: *happy, hand, humpty, helicopter*

Sing with sounds: Sing a nursery rhyme

If you're *happy* and you know it, clap your *hands*,
If you're *happy* and you know it,
And you really want to show it,
If you're *happy* and you know it, clap your *hands*.

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall,
All the king's *horses* and men,
Couldn't put *Humpty* together again.

Play with sounds: Use h words in your play together



Talk on a telephone.
Hello! How are you?
Have you *had* a good
day?



Build a *house* out of
blocks. *Who* will live in
the *house*?



Trace around your *hand*
on a piece of paper.
Would you like some
help?

Read with sounds: Visit the library and borrow some books

Happy Hiding Hippos by Bobette McCarthy

Horton Hears a Who! by Dr. Seuss

Hattie and the Fox by Mem Fox



Sophie Seal

The **s** sound is made with your tongue behind your teeth. It is a long, quiet 'hissing' sound.

Easier words: *see, silly, sip, seat, sun*

Harder words: *stamp, stick, spider, sandwich, square*

Sing with sounds: Sing a nursery rhyme

Sausages in the pan,
Sausages in the pan,
Sizzle, sizzle, sizzle, sizzle,
Sausages in the pan.

Sally go round the *sun*,
Sally go round the moon.
Sally go round the chimney pots,
On *Saturday* afternoon.

Play with sounds: Use s words in your play together



Play *Simon Says*: *Simon says sing* a song. *Simon says* hop on one foot.



Talk about what you can *see* outside, or in a book. I *see* a...tree. I *see* a...cat.



Make a *sandwich* together. You might have *salami, salad*, and a bit of *salt* on it!

Read with sounds: Visit the library and borrow some books

Can You See What I See? by Walter Wick

Silly Sally by Audrey Wood

Sid and Sam by Nola Buck



Zoe Zebra Finch

The **z** sound is made with your tongue behind your teeth. It is a long, noisy 'buzzing' sound.

Easier words: *zoo, zoom, sizzle, fizzy, scissors*

Harder words: *zip, zebra, busy, xylophone*

Sing with sounds: Sing a nursery rhyme

Zoom, zoom, zoom, we're going to the moon.
Zoom, zoom, zoom, we'll get there very soon.
Five, four, three, two, one,
Blast off!

Old Macdonald had a *zoo*,
Ee-eye, ee-eye, oh.
And at that *zoo*, he had a *zebra*,
Ee-eye, ee-eye, oh.

Play with sounds: Use z words in your play together



Zip the *zipper* on your jacket up and down.
Zip, zip, zip!



Talk about who lives at the *zoo*. Would you have *zebras* and lizards at your *zoo*?



Play with cars or trains. Make them *zoom* and *zig-zag* around the track.

Read with sounds: Visit the library and borrow some books

Going to the Zoo by Tom Paxton

This is a Hospital, Not a Zoo! by Roberta Karim

Busy Lizzie by Hollie Berry



Shelby Shark

The **sh** sound is made with your lips pushed forward and the back of your tongue at the back of your mouth. It is a long, quiet sound.

Easier words: *shoe, shore, shop, ship, sheep*

Harder words: *shrimp, shoulder, shake, shower, shorts*

Sing with sounds: Sing a nursery rhyme

Shoo fly, don't bother me,
Shoo fly, don't bother me!
Shoo fly, don't bother me,
'Coz I don't want your company!

Heads and *shoulders*, knees and toes,
Knees and toes, knees and toes,
Heads and *shoulders*, knees and toes,
We all clap hands together.

Play with sounds: Use **sh** words in your play together



Sort the washing together. Those are my *shorts*. That's your *shirt*. Let's fold the *shirts*.



Talk about your *shopping* list, and what goes in your *shopping* trolley.



Draw around your *shadow* on the path with chalk.

Read with sounds: Visit the library and borrow some books

Where is the Green Sheep? by Mem Fox

Sheep in a Shop by Nancy Shaw

Shoes from Grandpa by Mem Fox



th

Theo Thorny Devil

The **th** sound is made with your tongue between your teeth.

It is a long sound that can be noisy or quiet.

Easier words: *there, thumb, them, they, then*

Harder words: *three, thief, feather, another, thirsty*

Sing with sounds: Sing a nursery rhyme

This little piggy went to market,
This little piggy stayed at home.
This little piggy had roast beef,
And *this* little piggy had none.

Where is *thumbkin*? Where is *thumbkin*?
Here I am. Here I am.
How are you today sir? Very well I *thank* you.
Run away, run away.

Play with sounds: Use **th** words in your play together



Cut some play-dough, bread, or cheese into *thin* and *thick* slices.



Put away your toys, or the washing. *This* is mine. Where does *that* go?



Play a guessing game. I can *think* of something that smells good and has *thorns*.

Read with sounds: Visit the library and borrow some books

Oh, the Thinks You Can Think! By Dr Seuss

The Rain Came Down by David Shannon

The Tooth Book by Dr Seuss