



## Youth Health Advisors at Youth Week event

The Far West LHD Youth Health Committee were in attendance at Youth Week in Sturt Park on Wednesday 19 April 2023.

The Youth Health Committee was established in March 2023, empowering young people to be inclusive and engaging with the health service and community.

The aim of the Youth Health Committee is to provide advocacy, share information, provide local perspectives and to collaborate with staff with planning. They are engaged with projects to work towards improving health outcomes for young people within the Far West of NSW.

If you are interested in joining the Far West LHD Youth Health Committee (Age 12-24 years), contact Melanie Chynoweth phone: (08) 8080 1121 or email [Melanie.Chynoweth@health.nsw.gov.au](mailto:Melanie.Chynoweth@health.nsw.gov.au)



*Youth Health Committee members Skye Chan-McBeth, Piper Murray and Violet Holland.*

## CAMHS and VANS support Youth Week

Our Child and Adolescent Mental Health Service (CAMHS) School-Link team, and Violence Abuse and Neglect Service (VANS) also supported Youth Week to engage with the community, and host information stalls and activities.

Youth Week is a week-long celebration held in April each year and is a celebration of young people across the country. Events and activities this year were centred on the theme "Connect, Participate, Celebrate", set by the NSW Youth Advisory Council.

CAMHS School-Link Coordinator's Holly and

Jess ran an information stall with service flyers from CAMHS and CAMHS Peer Support, as well as a variety of mental health resources for community members to take home.

The School-Link team also ran an art activity using paper puzzle pieces that children and young people decorated and added to a collaborative artwork, to celebrate what they love about being a young person in the Far West. The Far West LHD Youth Advisor's Violet, Piper and Skye provided support on the day, modelling the activity for younger kids and encouraging participation.

VANS Aboriginal Trainee Claudia and OOHCC Coordinator Sharon provided the community with flyers and information about the great supports available through VANS, and ran a free tie-dye stall which was a huge hit – the team tie-dyed over 120 pairs of socks with children and young people on the day, and kids were still asking to do more afterwards!

A massive thanks to Mission Australia for organising such a great community event – we look forward to supporting again in the future.



*CAMHS (from left) Holly Fabila, Violet Holland, Skye Chan-McBeth, Piper Murray, Jessica Eames-Beveridge and Melanie Chynoweth.*



*VANS: Claudia Martin-Files (left) and Sharon Cameron*



# Virtual fracture clinic collaboration trial goes live

There has been another collaboration with Sydney LHD that has gone live in Broken Hill on 26 April 2023, to trial a virtual fracture clinic for uncomplicated fractures.

Project Lead and RPA Virtual Hospital's (rpavirtual) Physiotherapist, Min Jiat Teng, said: "Virtual fracture clinic patients at Sydney LHD have reported excellent experiences and access to care. Patients can receive follow-up care for their injury at home, at work or school, without unnecessarily travelling into hospital or waiting at the busy clinic. This partnership will ensure eligible patients can receive the same quality care irrespective of where they live".

The first patient was referred on the first day, and our local physiotherapy staff have been supporting and facilitating the local implementation of the project. Brianna Turley, Senior Physiotherapist at BHHS, said: "Our physiotherapy department welcomes this new service, as it will reduce the time spent on case managing simple fractures through a more streamlined process. Min Jiat and the rpavirtual team have done an amazing job at providing easy to

understand resources that detail the patients journey with their fracture."

Patients with specific uncomplicated fractures seen at Broken Hill ED can be referred to rpavirtual's Virtual Fracture Clinic by their treating ED clinician for the follow-up care of their injury. The rpavirtual physiotherapist will contact the patient at home to provide support and a suitable management plan. In most cases, the patient won't need to return to the health service to be seen by local clinicians. More complicated fractures needing a cast will still be referred through our usual channels and be seen by the physiotherapists at Broken Hill Health Service.

Dr Cameron Spenceley, Clinical Director Emergency Medicine at Broken Hill Health Service supported implementation of this trial to ensure that patients are getting the most appropriate care in the most appropriate setting and minimising the need to return to ED for routine follow up.

The trial will be evaluated using system data as well as patient and staff feedback.

An afternoon tea was provided by RPA Virtual to celebrate the launch.



**BHHS Physiotherapists Laura Sewa, Tegan Henderson and Brianna Turley.**



**RPA physiotherapists Isabella Khoudair and Min Jiat Teng.**



**Go Live (from left): Medical Student Konrad, Georgia Bartley, Dr Nancy Fenwick-Siddle, Dr Ian Carey, Dr Cameron Spenceley, Courtney Hurley and Brianna Turley.**



**Dr Ian Carey.**



## Fay Newell Scholarship winner

Broken Hill born and raised Joshua Niarros (19) is in his second year studying medicine and is the winner of the Fay Newell Scholarship for 2023.

Joshua grew up in Broken Hill and studied at Broken Hill High School before starting his Bachelor of Health and Medical Sciences at Adelaide University last year. He aims to complete a Doctor of Medicine postgraduate.

He said he was honoured to be awarded this year's scholarship. "I wasn't expecting to win the scholarship and it is an honour, and I'd like to thank the late Ms Faye Newell and everyone for the opportunity," said Joshua.

Whilst Joshua isn't focussed on pursuing a particular field in medicine this early in his studies, but was sure he wants to return to practice in Broken Hill when he graduates.

"I definitely aim to come back to Broken Hill to live and work here as a doctor," he said. He will apply to complete his clinical placements here whilst studying.

Executive Director Nursing and Midwifery Far West LHD, Ms Wendy

Gleeson, congratulated Joshua on behalf of the Faye Newell Scholarship Panel and health service.

"It's always a pleasure to present a scholarship and particularly one in which will benefit the community in the long term," she said. Ms Gleeson also thanks all the applications for this year's scholarship.

The Fay Newell Scholarship is an annual award of \$5,000 funded through a generous gift provided to the Broken Hill Health Service by the late Ms Fay Newell OAM.

The scholarship is awarded to encourage excellence in the education and training of students in medicine, nursing, aged care or specialisation as a doctor or nurse to care for newly born infants and their mothers and fathers, care of toddlers, children and young adults.

To be eligible for the scholarship, applicants must be undertaking studies in one of the areas as listed above, and must reside and work in



*Executive Director Nursing and Midwifery Far West LHD, Wendy Gleeson, congratulated Joshua Niarros on winning the Fay Newell Scholarship for 2023.*

Broken Hill.

Joshua will use the scholarship to assist with costs associated for his studies.

The inaugural winner of the scholarship in 2022 was Broken Hill local Hayley Andreazza, who was in her final year studying medicine.



**Our latest JMOs: Rear (from left): Dr Justin Ting – Palliative Care RMO, Dr Ramit Narula – Medical RMO, Dr Gavin Volpato – Surgical Intern, Dr Samuel Moschatos – Medical Intern, Dr Dominic Jean-Richard-Dit-Bressel – Paediatric RMO, Dr Grace Williams – Medical SRMO, Dr Gabriel Moldovan – Medical RMO. Front (from left): Dr Grace Barbara – Emergency Intern, Dr Elizabeth Lim – Surgical RMO, Dr Anita Skaros – Emergency RMO, Dr Julie Dao – Psychiatry RMO, Dr Lawrence Gatmaitan – Medical SRMO**

**This is your invitation to join Human Experience Week events!**

Virtual sessions 1 – 7 May  
Join conversations about:

**All of Us: The Power of Community and the importance of belonging, and healing in elevating human experiences**

**Virtual Events**

- Opening of Human Experience Week** [Click here to get a direct calendar invite.](#)
- Conversation about co-design / co-creating for Elevating the Human Experience** on Tuesday 2 of May at 10am – 12midday. [Click here to get a direct calendar invite.](#)
- Conversation about the Power of Love and Belonging** with Dr Rana Awdish and Dr Ben Bravery on Tuesday 2 of May at 2pm – 3pm. [Click here to get a direct calendar invite.](#)



- Conversation about Human Experience in Action** on Thursday 4 May at 10am – 12midday. [Click here to get a direct calendar invite.](#)
- Conversation about Education and Coaching for Elevating the Human Experience** on Thursday 4 May at 2:00 – 3:30pm. [Click here to get a direct calendar invite.](#)
- Conversation about Evidence in Elevating the Human Experience** on Friday 5 May at 10:00 – 11:00am. [Click here to get a direct calendar invite.](#)

[2023 Human Experience Week Program](#)

**Arts program kicks off for Broken Hill Health Service Redevelopment**

The arts community in Broken Hill is a very vibrant one so the Broken Hill Health Service Redevelopment project team were excited to recently meet with West Darling Arts and the Broken Hill City Art Gallery to introduce Health Infrastructure's Arts in Health program.



**Gert Halbgebauer (Health Infrastructure), Cathy Farry (West Darling Arts), Vanessa Delaney (Health Infrastructure), Rebecca Crawford (FWLHD), Kathy Graham (Broken Hill City Art Gallery) and Jeremy Oakes (Acorn Project Advisory)**

Making these local connections was the first step in ensuring the upgraded Emergency Department and Acute Mental Health Inpatient Unit which form the redevelopment will integrate art which reflects the unique community of Broken Hill.

The Arts in Health program will also contribute to making the new spaces more welcoming and culturally appropriate, help with wayfinding and ensure indoor and outdoor spaces complement health service delivery.

Expressions of Interest for local creative and innovative people to join the project's Arts Working Group are now open. The group will be responsible for advocating the successful integration of arts for wellbeing into the redevelopment.

Successful applicants will initially be required to attend at least three meetings in a volunteer capacity between May and July 2023 which will run for approximately 1.5 hours each.

If you are interested, please contact the project team on (02) 8838 8889 or email [HL-BrokenHillRedev@health.nsw.gov.au](mailto:HL-BrokenHillRedev@health.nsw.gov.au) for more information and an application form. Details are also available at the QR code. **Applications close on 8 May 2023.**



The Broken Hill Health Service Redevelopment project is in design phase with construction expected to commence early next year. The NSW Government has committed \$10 million to upgrade the Emergency Department. The upgrade to the Mental Health Unit is funded as part of the \$700 million Statewide Mental Health Infrastructure Program (SWMHIP).

For more information about the Broken Hill Health Service Redevelopment please visit [hinfra.health.nsw.gov.au](http://hinfra.health.nsw.gov.au)



# World Hand Hygiene Day 2023

**Accelerate action together. SAVE LIVES - Clean Your Hands**

World Hand Hygiene Day is a global campaign which was launched by the World Health Organisation (WHO) in 2009 and is held annually on 5 May. World Hand Hygiene Day aims to maintain global promotion, visibility and sustainability of hand hygiene in health care and to bring people together in support of hand hygiene improvement around the world.

The theme for 2023 World Hand Hygiene Day is; together, we can accelerate action to prevent infections and antimicrobial resistance in health care and build a culture of safety and quality in which hand hygiene improvement is given high priority.



Hand hygiene saves millions of lives and is the single most effective action to reduce health care associated infections. Effective hand hygiene is a fundamental infection prevention and control strategy and when performed correctly, results in a reduction of microorganisms on hands and contributes to prevention of healthcare-associated infection and improved patient safety.

Hand hygiene is the act of cleaning hands with alcohol based hand rub (ABHR) in either liquid, foam or gel form; antiseptic liquid hand wash and running water, or (plain) liquid soap and running water and dry with single use towel.

Everyone should do hand hygiene often, including at home, in hospital, when attending healthcare appointments, and when out and about in the community.

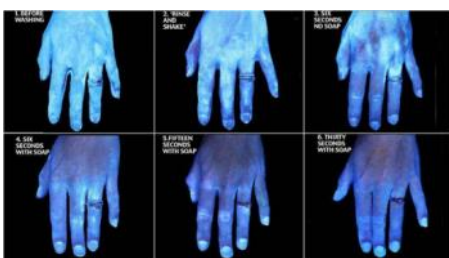
Fact Sheets on hand hygiene for patients and their carers, children and their carers can be found below;

- [hand hygiene factsheet for patients and carers.pdf \(safetyandquality.gov.au\)](https://www.safetyandquality.gov.au/hand-hygiene-factsheet-for-patients-and-carers.pdf)
- [hand hygiene factsheet for children and carers.pdf \(safetyandquality.gov.au\)](https://www.safetyandquality.gov.au/hand-hygiene-factsheet-for-children-and-carers.pdf)

The Far West Local Health District Infection Prevention & Control Clinical Nurse Consultant will be in the Broken Hill Base Hospital on Friday the 5<sup>th</sup> of May to celebrate World Hand Hygiene Day from 8am.

Educational resources, activities, games and giveaways will be available for all patients, carers, children and staff. We hope to see you there!

— Alexis Lenton,  
FWLHD CNC Infection Prevention & Control



## Hi, I'm Sophie!

**Name:** Sophie Greville

**SBAT Position:** Business Administration, currently with the People and Culture Team.

**School:** Broken Hill High School

**How did you hear about the SBAT program?**

I heard about the SBAT program through older peers completing and being in the program.

**What do you hope to get out of the SBAT program?**

I hope to further my understanding of different fields Within the Far West Local Health District and gain new work experiences.

**What drew you interest to the SBAT program?**

I was interested in working in the FWLHD and the SBAT Program allowed me to do that whilst providing a unique job experience.

**What would you like to do when you finish school?**

I am very open to different opportunities within the health sector for a job once I have finished school. However, I am currently looking into doing a Dietetics and Nutrition degree after graduating.

**What are your hobbies and interests?**

Outside of school I am a Junior Leader for the local Girl Guides unit. I am very interested in art specifically painting and digital drawing.

**Feedback on your SBAT experience so far?**

The SBAT program is very good way for students to be introduced to the FWLHD. Being placed within different teams allows the trainees to experience and learn about different departments and how they function.

**What's one interesting thing about you?**

I am interested in educating the youth in Broken Hill around what is available to them in the mental health area. Currently I am organising to apply for a grant with the Foundation for Rural and Regional Renewal to fund my project Easy Access which I worked on collaboratively with Heywire winners at the Regional Youth Summit in Canberra. The aim of Easy Access is to empower and educate students with the knowledge of what to do to get support for themselves, their mates and how to deal and process if someone comes to them with a situation. If the program was to be held, students attending would complete a 'Teen Mental Health First Aid' course.



HEYWIRE





# April Falls – That’s a wrap!

The Month of April is often associated with April Fools where everyone can get together, goof around a bit and have a laugh. But there’s nothing funny about falls and what better month is there to raise awareness around a serious issue? An April fool can quickly become an April fall if they’re not careful.

The NSW Fall Prevention and Healthy Ageing Network wants everyone to stop, and have a good think about falls both in hospital and within the wider community.

This year’s theme was on Better Balance for Falls Prevention and they’d be more than excited to tell you that for optimal physical and mental health, it is recommended that all adults (regardless of age, health, or ability) do 30-60min of physical activity most days. To prevent falls and maintain independence this should include exercise or activities that improve strength and balance. Every bit of activity helps.

Remember, *Falls prevention is everyone’s business*. No matter who you are or how old you are – it is never too late or too early to be thinking about reducing your chances of falling and those of your loved ones.

Simple things can make a huge difference: adequate lighting, proper footwear (not the non-slip socks), ensuring common areas are tidy and free of clutter and if you or someone you know is taking more than four medications, consider discussing how this could impact upon your balance with your GP.



Richard Shoobridge and Jane Cain at the Falls Prevention information stall in foyer of Broken Hill Health Service.

The Far West LHD Falls Prevention Team wore their green and orange falls prevention shirts, put on their best gripped shoes and spread awareness during April. There was a stall in the foyer, complete with falls themed cookies and plenty of free merchandise.

The nurses were provided with a litany of education on prevention and management throughout the month and Allied Health worked with members of the community to improve their balance through exercise classes – a big thanks for all of their hard work.

Remember, a fall has the potential to be a major issue. Realistically, any month of the year is a great time to be thinking about how we can reduce the chances of these harmful occurrences. Prevention is everyone’s business.

If you would like to know more or have any questions related to falls, please contact Richard Shoobridge, CNS2 Aged Care: Dementia and Falls on #1285 or at

[richard.shoobridge@health.nsw.gov.au](mailto:richard.shoobridge@health.nsw.gov.au).

## New intranet survey — don’t miss out!

A project has started to develop a new intranet for the LHD. The current FWLHD intranet will transition into a modern SharePoint Online Intranet platform ([example concept can be viewed here](#)).

To ensure the project team adequately identify and understand the staff user experience, we ask all FWLHD team members to complete the following survey which can be accessed via the link below or scan QR code.

The **Survey will close on Wednesday the 3<sup>rd</sup> of May 2023**.

All survey answers will remain anonymous. By answering these questions honestly, the project team will be able to design and implement an intranet solution that meets the needs of our users, the FWLHD team!

<https://www.surveymonkey.com/r/FTHHJGM>



## Child safety workshops

The Office of the Children’s Guardian is coming to Broken Hill and will be running workshops on Child Safe Standards, Code of Conduct and Risk Management for FWLHD staff.

These sessions are intended for people who are responsible for developing and understanding child safety within their organisation including leaders, managers and HR personnel.

### 1. Introduction to the Child Safe Standards:

The NSW 10 Child Safe Standards (The Standards) were enacted into legislation on 1 February 2022 which provides a framework for organisations to create and maintain environments that support children and young people to feel and be safe and for organisations to meet their legal obligations of the Scheme.

This information session provides an overview of each of the 10 Child Safe Standards with some tips on ways to embed and practice.

### 2. Developing a Risk Management Plan:

Standard one of the Child Safe Standards says organisation should have risk management strategies to prevent, identify and mitigate risks to children.

Leaders are responsible for keeping children safe in their organisation.

This session will show you how to develop risk management strategies using our two risk management handbooks.

### 3. Developing a Child Safe Code of Conduct:

Code of Conduct is an important part of an organisation’s child safe approach. It helps manage risks to child safety that may arise through adult interactions with children and young people. The purpose of a Code of Conduct is to establish a clear set of rules and expectations for behaviour that is in line with an organisation’s culture and values.

Having clear rules and expectations of how adults are expected to interact with children works to prevent child abuse and encourage reporting. It also creates positive expectations for the behaviour of all adults in your organisation.

This session provides an in-depth look at how to develop or expand on your code of conduct within your organisation and therefore help to minimise child abuse occurring.

**Wednesday 31<sup>st</sup> May 2023 (10am - 12:30pm) - Child Safe Standards, Code of Conduct and Risk Management** - Enrol via <https://www.eventbrite.com.au/e/595192084547>

## District attends Wilcannia Career Expo

The LHD took part in a Careers Expo Day in Wilcannia this month aimed to help guide and inform attendees of career pathways and opportunities for their future development.

Department of Regional NSW Aboriginal Outcomes Team, in partnership with Wilcannia Central School arranged the Careers Expo which was designed to bring together local and out-of-town



organisations to connect with the youth of Wilcannia.

The Careers Expo also helped FWLHD promote our organisation, meet and attract future employees, and to inform and influence the communities work force.

*At the Career Expo (from left) Jacinta Simmons - A/ Executive Assistant, Morgan Walsh - Clinical Educator and Pam Illingworth - Nurse Manager Policy, Practice and Initiatives.*

## Good Samaritan Packs gratitude!

Broken Hill Health Service has a support service called “**Good Samaritan Packs**” for clients/patients that are admitted and do not have any toiletries.

These clients/patients are given a small pack containing shampoo, conditioner, soap, comb, toothpaste and toothbrush to get them started.

This service was created approximately eight years ago from the kind donations from staff who collected toiletries when they were travelling for work and placed in personal packs.



Donations

were sparse during COVID-19 so the Nurses Education Fund and CHC Dental Centre assisted with huge donations.

This year to keep the service going Jan Pearce decided to source ongoing donations for the Good Samaritan Packs. The Kiosk Auxiliary

accepted the challenge and have donated over 300 toiletry packs for our clients/patients.

Thank you to the wonderful Kiosk Team. The Kiosk Auxiliary displays the true meaning of a Good Samaritan: “A person who gratuitously gives help to those in need!”





# Aged Care Corner...

## My Aged Care

My Aged Care is the Australian Government's starting point on the Aged Care Journey.



My Aged Care is the entry point for older Australians to access aged care.

My Aged Care is the one-stop-shop for aged care services and information in Australia.

My Aged Care provides people with information:

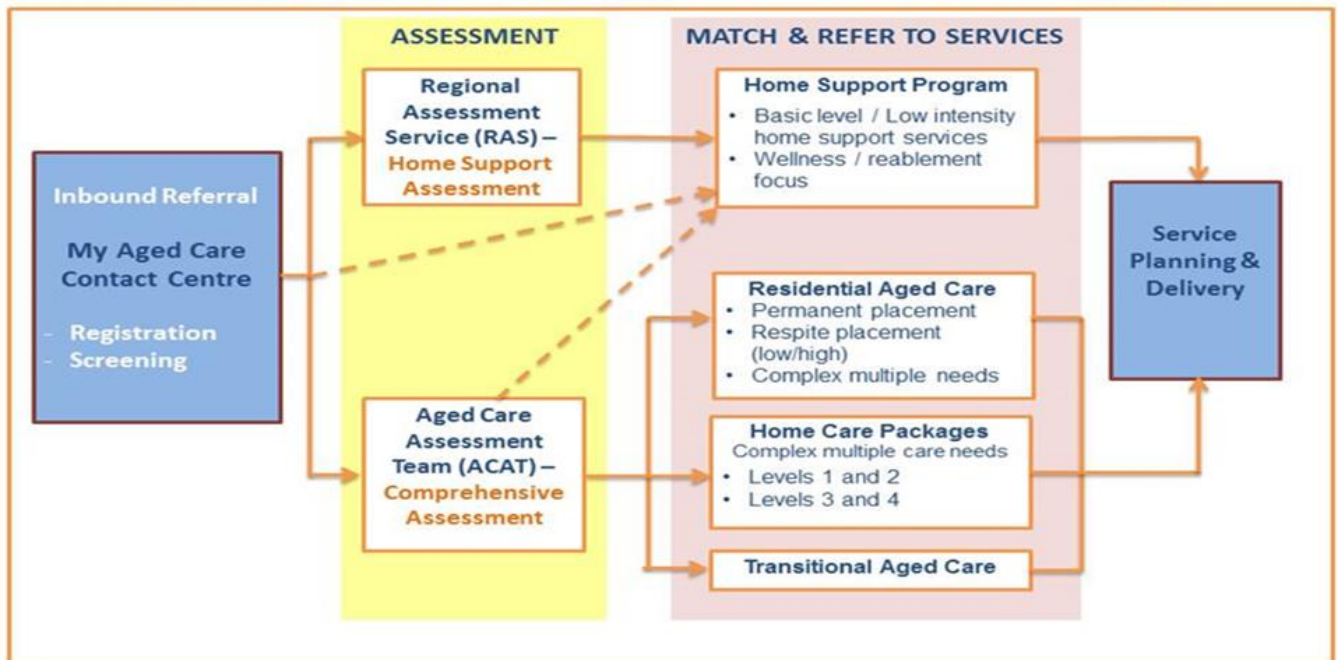
- on the different types of aged care services;
- their eligibility for services and how they can find local services;
- on assessments and referrals to the providers that can meet their needs;
- cost of their aged care services, including fee estimators.

Health professionals can play a key role in supporting people to access these services. Any health professional, with the consent of the person, can make a referral or alternatively the person themselves can contact My Aged Care.

To find out how to access the right aged care services:

- visit the My Aged Care website at [www.myagedcare.gov.au](http://www.myagedcare.gov.au)
- call the My Aged Care contact centre on 1800 200 422.

## My Aged Care — Assessment and Service Referral Pathways



Once a referral is received by My Aged Care, the information is sent to a relevant assessment service, dependent on the persons needs this can be either a Regional Assessment Service or Aged Care Assessment Team. Upon receipt of the referral the assessor will contact the person to schedule an assessment.

Find the help you need with  
**myagedcare**  
**1800 200 422**  
[www.myagedcare.gov.au](http://www.myagedcare.gov.au)





'The Far West Local Health District welcomed eight new employees at the April Corporate Induction.

They are (from left) **Jacinta Simmons – Acting Executive Assistant People and Culture, Bridget Ryan – Speech Pathologist, Remi Delucyk – Registered Nurse, Jonnah Ortega – Carer Support Coordinator, Cheryl O’Callaghan – Registered Nurse and Ashley Christos – Catering Assistant.**

Buronga staff also took part (inset): **Angela Corradini – Executive Assistant Remote Health Services and Avishek Mishra – Mental Health Clinician.**



## Falls and Balance classes

The Broken Hill Hospital Allied Health Department conducts falls and balance classes for clients in the community that have been identified as a falls risk, have had falls or are fearful of falling.

The class is conducted over a 10 week block, running twice weekly. It includes balance and strengthening exercises to improve mobility, independence and balance. It is also a great social opportunity for people to come together, and learn about different topics that may contribute to falls. We have had special guests from

Occupational Therapy, Dietetics, Podiatry, Social Work and Physiotherapy to provide useful information sessions at the end of classes.

For April Falls prevention month, the Allied Health department wore bright green “Falls Prevention is Everyone’s business” T-shirts. The physiotherapy gym had also been decorated with orange and green balloons to raise awareness.



How do we receive referrals to falls and balance? Simply request your GP to send a referral to the Allied Health Department requesting to be involved in the Falls and Balance Class. You will be placed on a wait list, and contacted when the next class becomes available.





COLLABORATION | OPENNESS

# BRILLIANCE

## Nominations

RESPECT | EMPOWERMENT



# CONGRATULATIONS

**Congratulations to the following staff for receiving a Brilliance Nomination in April 2023.**

Alexis Lenton  
Bella Kolinac  
Beverley Frizell  
Carrie Barlow  
Charmaine Lowrie  
Claudia Martin Files  
Cleo Crossley  
Corey Sclater  
Creina Vlatko  
Donna Papas  
Dr Aravind Suppiah  
Dr Elizabeth Lim  
Dr Natasha Staude  
Gabby Schaefer  
Grace Charlesworth  
Gretchen Buss  
Heather Miler

Helen Hayes  
Al Imran Mahmud  
Intensive Care Unit  
Jacinta Simmons  
James Wells  
Jen Elstone  
Jill Lord  
Joe Worgan  
Johnathan Lopez  
Joy Casson  
Justine Farley  
Kaye Newey  
Laura Chatterton  
Lee-Anne Hill  
Maria Shaterkina  
Megan Jordan  
Nayana Maharjan

Pawan Prasad  
Racheal Spangler  
Radiology Department  
Ranie Medaglia  
Ranya Kabasha  
Rebecca Polak  
Robyn Stewart  
Samantha Elliott  
Sharon Cameron  
Sheryl Chapman  
Sue Armstrong  
Sushila Duwal  
Tahlia Crampton  
Tracey Gaiter  
Vicki McCormack  
Yasmin Griffiths

The Brilliance Nominations are a great way to share positive feedback with your peers for the great work they are doing. All Brilliance Nominations are logged in a register for the Annual FWLHD Health Staff Awards and then forwarded to the nominated staff member via email. **Scan the QR Code to nominate or go to** [www.surveymonkey.com/r/JNQK8D5](http://www.surveymonkey.com/r/JNQK8D5)

## Please share your feedback



Please take 5 minutes to provide your feedback about Brilliance Nominations and Employee Recognition in our health service. How do you think we can improve this process?

# Influenza is serious

Influenza is serious. Prepare yourself for winter and get a flu vaccine today.

The flu vaccine provides the best protection against serious illness from influenza, and everyone aged 6 months and over can get it.

For people at higher risk of severe illness from influenza, vaccination is FREE. These people include:

- children aged 6 months to under 5 years of age
- people with serious health conditions (including severe asthma, diabetes, cancer, immune disorders, obesity, kidney, heart, lung or liver disease)

- pregnant women
- Aboriginal and Torres Strait Islander people aged 6 months and over
- people aged 65 years and over

Flu shots are available through GPs for people aged 6 months and older, as well as through pharmacies for everyone aged 5 years and over.

**For all NSW Health staff, annual flu vaccination is also provided free in NSW Health facilities. Contact Donna Gers on 0427 899 016 on where you can get the flu shot.**

You can also ask your doctor, pharmacist or Aboriginal Medical Service about a free flu shot.

For more information on influenza and getting your flu shot, head to [www.health.nsw.gov.au/influenza](http://www.health.nsw.gov.au/influenza)

**Influenza is serious**  
Prepare for winter with a flu vaccine



## Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <http://www.health.nsw.gov.au/policies>. These documents are official NSW Health policy. Compliance with Policy Directives is **mandatory**.

Title	Document Number	Date Issued
<a href="#">Fatigue Management in NSW Health Workplaces</a>	GL2023_012	13/04/2023
<a href="#">HIV treatment for people in NSW who are not eligible for Medicare</a>	GL2023_015	18/04/2023
<a href="#">Increased Rates of Pay for Visiting Dental Officers</a>	IB2023_010	19/04/2023
<a href="#">Management of Outpatient (Non-Admitted) Services</a>	GL2023_014	11/04/2023
<a href="#">Work Health and Safety Audits</a>	PD2023_010	11/04/2023
<a href="#">Sexually Transmissible Infections and Human Immunodeficiency Virus Data Set from 1 July 2023</a>	IB2023_008	03/04/2023
<a href="#">Will Making in Public Health Facilities</a>	GL2023_006	03/04/2023
<a href="#">Low and Negligible Risk Research</a>	GL2023_007	03/04/2023
<a href="#">Use of Human Tissue for Research</a>	GL2023_008	03/04/2023
<a href="#">Engineering Services</a>	GL2023_009	03/04/2023
<a href="#">Use of Mobile Telephones and Wireless Communication Devices</a>	GL2023_010	03/04/2023
<a href="#">Management of the Potential Organ and Tissue Donor following Neurological Determination of Death</a>	GL2023_013	05/04/2023
<a href="#">Domestic Violence Routine Screening</a>	PD2023_009	03/04/2023
<a href="#">Pathway for Acute Coronary Syndrome Assessment (PACSA)</a>	IB2023_009	03/04/2023
<a href="#">Cash Handling for Tobacco Compliance</a>	GL2023_011	03/04/2023