



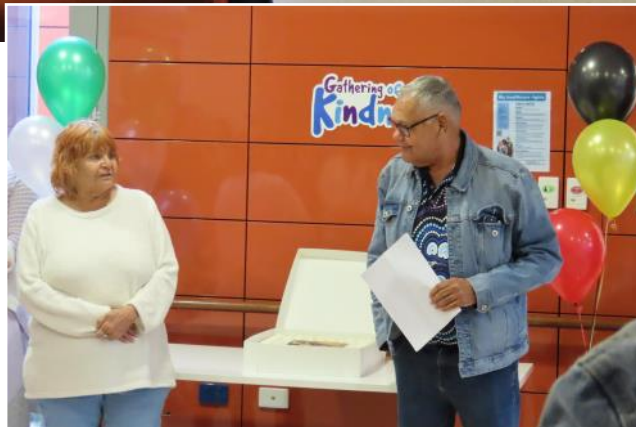
Far West in Focus

Far West celebrates NAIDOC Week

The LHD celebrated NAIDOC Week this month at the Broken Hill Health Service which included a warm Welcome to Country and wonderful acknowledgement of our Indigenous health workforce. The event was open to the public and celebrated this year's theme 'For Our Elders'. It was held in SARU due to the weather.



BELOW: Local Elder Dulcie O'Donnell gave the Welcome to Country at the NAIDOC Week celebrations, pictured here with Chief Executive, Brad Astill, cutting the celebratory NAIDOC Week cake.



ABOVE: Local Elder Dulcie O'Donnell with BHHS Health Council member Des Rumble at the NAIDOC Week celebrations.



Acting BHHS GM Jan Pearce thanked everyone for showing their support for NAIDOC Week.

New MHIPU concept designs unveiled

Excitement is building for the new infrastructure projects at Broken Hill Health Service with the Concept Design unveiled this month for the enhanced mental health facility.

The LHD and Broken Hill community has been given a first look at designs for the new purpose-built Acute Mental Health Inpatient Unit to be built on the hospital campus.

Minister for Mental Health, Rose Jackson, announced the Concept Designs and said the new co-designed facility will provide safe and reliable care for vulnerable people now and into the future.

"Having a space which complements recovery and is close to other related health services is essential. The design of this facility shows the future of mental health care in Broken Hill," said Ms Jackson. "We want to ensure communities in regional areas have access to comprehensive facilities and services to provide elevated support for those with mental health needs."

The MHIPU will be built to the south-west of the current facility and adjacent to existing community mental health related services which received positive feedback during the master planning process.

The proposed location takes into account key considerations including options for future expansion, proximity to the Emergency Department which is also being expanded as part of the Broken Hill Health Service Redevelopment Project, and impact to hospital operations.

The new designs showcase the exterior of the building, including key features such as the front entry and main courtyard.

"Safe and secure outside spaces are an important consideration in the design, with the availability of natural light and fresh air, as well as Indigenous influenced landscaping, contributing to a therapeutic and culturally safe environment for all people in our community," Ms Jackson said.

Chief Executive, Mr Brad Astill, said extensive consultation with staff, carers and the community, including Aboriginal representatives, has enabled the project team to take on feedback on various aspects of the building design to ensure it best supports clinical and staffing needs.

He said: "Co-design has been crucial in providing valuable input into the infrastructure so that it meets the needs of Broken Hill and surrounding communities."

A series of information sessions were held on 10 and 11 July to provide staff and the community with the opportunity to view the Concept Designs and speak directly with the project team.

More than 70 people stopped to chat and view the designs at pop-sessions at Westside Plaza, Coles Supermarket and the hospital. A face to face and online staff session was also held which was well received with plenty of questions and interest.

Overall, feedback about the Concept Design of the Acute MHIPU was very positive with people particularly liking the entrance and main courtyard. Questions about the location of the unit in relation to the current facility and impact on parking were the most common queries, along with timings for construction.

The project team is looking forward to bringing the next stage of the designs for both the Acute MHIPU and the enhanced Emergency Department out to the community shortly.



Midwives celebrate eight year anniversary for MGP

A huge congratulations to the Midwifery Group Practice (MGP) service which this month celebrated 8 years of continuity of care for pregnant women and their families, helping to improve their health and wellbeing outcomes and experiences.

The MGP was established at the BH Health Service on 3 July 2015 with the aim to improve health and wellbeing outcomes and experiences for women and families.

Since its beginnings, the MGP has provided care from a known midwife in early pregnancy through to labour, birth and the initial postnatal period for more than 1,500 women, families and their babies. The MGP team consists of six midwives, who are backed up by a core group of midwives and Maari Ma Aboriginal Health Corporation midwives.

The MGP midwives celebrated the eight-year anniversary with an afternoon tea, featuring a cake in the shape of eight, attended by many of the midwives and doctors.



The MGP midwives celebrated their 8th Anniversary this month (from left) Claudia Adams, Whitney Harris, Emma Kemp, Shanique Matthews and Donna Ellis. Absent is Telicia Nicholls.

Welcome to our Term 3 JMOs

Our Term 3 JMOs have started with the LHD. We're sure they will enjoy their time here in the Far West. **They are (from left):**
Dr Lixin Zhang – Paediatric RMO,
Dr Harry Nguyen – Emergency RMO,
Dr Edward Chang – Medical RMO,
Dr Malcolm Rebello – Medical RMO,
Dr Victor Zhang – Psychiatry RMO,
Dr William Zheng – Surgical Intern,
Dr Neil Ray Chaudhuri – Medical SRMO,
Dr Brandon Lee – Emergency Intern,
Dr Sarangan Balakrishnan – Palliative Care RMO and
Dr Lachlan Huynh – Medical Intern.





Tanya flying flag for Far West

CNS Tanya Haring recently attended the Australian Ophthalmic Nurses Association 2023 Conference as a guest speaker.

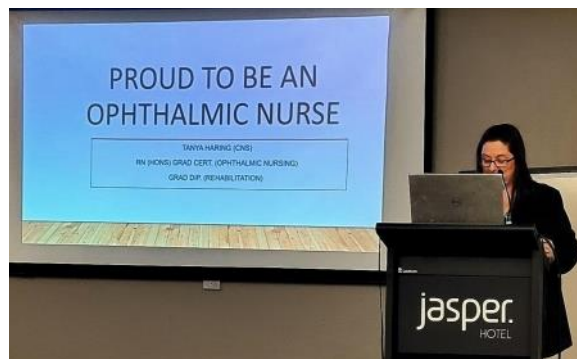
She was awarded the AONA Grant to attend the conference and said she was humbled to be invited to present her educational and professional development journey in Melbourne.

The first conference in Melbourne since 2019 was deemed a huge success with international, interstate and local speakers, Ophthalmic Nurse representatives from all Australian states and over 80 local and interstate delegates. Presentations ranged from advancing ophthalmic nursing scope of practice and developments in medical and nursing practices to use of digital technologies and the move to sustainable health care processes.

Tanya has been a member of AONA since starting her Ophthalmic Post Graduate Certificate, which she finished in late 2021.

"I am proud and thankful to have been given these opportunities to gain knowledge and further advance my specialty as an eye nurse," said Tanya.

"The peer support has been an invaluable and collaborative resource especially working in our model of care as part of an outreach eye clinic. I will continue to advocate for the advancement of Ophthalmic Nursing in our local health district."



Health Management Internship Program seeking applications

The 2024 Health Management Internship Program applications are now open!

If you're looking to be challenged and to further your health career, the Health Management Internship Program (HMIP) is for you.

The Far West LHD in partnership with the Australasian College of Health Service Management (ACHSM), have opened applications for the Health Management Internship Program (HMIP) 2024 cohort.

A two-year internship that's designed as a development program for staff who have leadership interests within the FarWest LHD.



Internal applicants, Apply Now! - [Far West Local Health District Careers - Jobs \(nsw.gov.au\)](https://www.nsw.gov.au/jobs) (REQ419154)



People Matter



NSW Public Sector Employee Survey 2023

21 August to 15 September

The annual People Matter Employee Survey will be open for all NSW Health staff from 21 August to 15 September 2023.

The employee survey provides an opportunity for you to have a say about your workplace – so that we can work to make FWLHD a great place to work for everyone. We are genuinely keen to understand how you feel about working for Far West LHD and encourage you to participate in this survey.

The survey is anonymous and there is no way that individual responses can be traced. To ensure this the survey is managed externally to Health NSW and is protected by strict rules about how the results are shared back to the organisation. The survey takes approximately 15–20 minutes to complete and it can be done over several sittings from the same device, however it is recommended to complete in one go if possible.

The survey can be located here: <http://www.health.nsw.gov.au/peoplemattersurvey> or you can use the QR code on your phone or other devices.



88 Onsite attendance at the Civic Centre
124 Virtual attendance

4.2
★★★★★
average rating

The health awards committee would like to thank everyone who attended this year's awards ceremony whether this was in person at the Civic Centre or remotely via Teams.

We would also like to thank everyone who provided feedback. The Health Awards Committee value staff feedback and will take the feedback on board when setting up the health awards for 2024.

Things you may not know about the health awards process:

- The health awards committee is made up of representatives from the Allied Health Integrated Community Services Directorate; People & Culture Directorate; Chief Executive Unit; and Finance & Corporate Directorate Western NSW &

FWLHD.

- The judging panel for this year was made up of three independent people: Pam Tucker (FWLHD Board Member); Craig Shields (Value & Service Improvement Manager, WNSWLHD); and Martin Davis (District Coordinator Towards Zero Suicide Initiative MHDA WNSWLHD).
- The health awards invited all staff to nominate their peers across the following categories:
 - Inspiring Team
 - Extraordinary Staff Member
 - Volunteer Superstar
 - Aboriginal Staff Excellence

* The nomination form identifies all directorates and 'other' as an option to ensure that all teams/staff have an opportunity to be nominated.

- This year there were 70 staff recognition award nominations and 7 project nominations. The majority of categories received a nomination; however some categories received no nominations. To ensure that every unit has an opportunity to be recognised please ensure to nominate your peers for their exceptional work.

If you are interested in joining the Health Awards committee or have further queries, please reach out to Chelsea Edwards, Manager Project Management Office on PH: 8080 1549

Security staff acknowledged

The District celebrated International Day of the Security Officer on 24 July 2023 as an opportunity to recognise and thank those people who work behind the scenes to keep us safe.

Why July 24th? This date was chosen specifically to represent the 24/7 nature of security work.

The Directorate of Clinical Operations has worked very hard in the background to improve quality, safety and security throughout all FWLHD facilities.

Security staff were recognised for their ongoing efforts and presented with a certificate of appreciation along with an International Day of the Security Officer pin 2023 by Director of Clinical Operations Jodie Miller and District Manager for Support Services Troy McKenna.

Security staff were acknowledged during the presentation for their essential support services throughout FWLHD's COVID-19 response, Security Improvement Initiatives/ Education, The Anderson Report, Security Audits and Action Plans.

So thank you to all Security Officers for your continuing work keeping us all safe.



ABOVE: Celebrating International Security Officer's Day: Back (from left): Airlie Smith, Justin Wonson, Marshall Kelly, Brodie Kennedy, Robert Butler and Julie Manoel. Front (from left): Troy McKenna, Ben Franklyn, Asif Mahmood, Jodie Miller and Donna Papas.

LEFT: A barbecue for all staff to celebrate was held on the day at BHHS.

The People Management Skills Program (PMSP) is returning for Cohort 6 in Spring 2023.

PMSP offers an integrated approach to effectively support teams, build management capability, and positively manage challenging situations. The program dives into management processes including critical analysis, strategic thinking, performance management, communication skills, and wellbeing.

PMSP continues to grow year on year, with 1269 participants enrolling in FY22/23. PMSP is a key NSW Health management development program and supports the NSW Health Workforce Plan 2022-2032.

The program is open to all NSW Health organisations and targeted toward health managers or staff acting in a role with people management responsibilities. Enrolments open **7 August** and will be available via [My Health Learning](#).

Contact the HETI-Management team for more information on 02 9844 6136 or email HETI-Management@health.nsw.gov.au



Dialectical Behaviour Therapy staff training

By Dr Anastasia Hronis (Clinical Psychologist)

Last month, I had the privilege of spending some time in Buronga and Broken Hill. For a city-based psychologist, leaving Sydney to come out to these regions and work amongst the local communities is truly a rewarding experience.

I'm a clinical psychologist based in Sydney. I work across both clinical practice and academia. In 2019, I founded the Australian Institute for Human Wellness, a mental health service dedicated to servicing the mental health needs of individuals and communities according to stepped care frameworks. Our services span from preventative and low intensity interventions, all the way up to more moderate and intense interventions for those complex mental health needs. I also work as a lecturer and researcher at the University of Technology Sydney, where my main areas of research are in adapting therapy for the needs of individuals with disabilities, as well as research into addictions and gambling.

I first came out to Broken Hill in October 2022 to deliver training on Dialectical Behaviour Therapy (DBT) to the Far West LHD mental health staff. DBT is an evidence-based therapy, originally designed for individuals with chronic suicidality, self-harm, and Borderline Personality Disorder. Since its development, it has been further evaluated and adapted, and been found to be effective for people with addictions, trauma,

emotion dysregulation, eating disorders and adolescents. Dialectical Behaviour Therapy involves an initial phase of skill building and stabilisation, before moving into trauma processing and related psychological work.

The term "dialectics" refers to the



Dr Anastasia Hronis, B Psych (Hons), M Clin Psych, AMusA, LMusA, Ph.D

notion that two opposing things can both be true at the same time. For example, I can be in a room full of people, and I can feel completely alone. Whilst they seem to be opposites, they can both be true simultaneously. The notion of dialectics is at the core of DBT, as the key dialectic of acceptance and change is applied. DBT holds that in any given situations, there are elements within our control which we can try and change, and there are elements out of our control which we cannot change and must work to accept. In DBT, the initial skills building stage encompasses four modules, two of which are focused on building acceptance skills (Distress Tolerance module and Mindfulness module), and two modules which are focused on building change skills (Emotion Regulation module and Interpersonal Effectiveness module).

My recent trips in June to Buronga and Broken Hill saw another two cohorts of staff trained, resulting in almost 60 Far West LHD staff who have now been trained in DBT.

We also ran an advanced session for the staff who attended last year's training to have a refresher of the skills and discussed nuanced ways to apply the therapy, as well as discussion around the role of group therapy in delivering DBT in a cost effective and evidence-based manner.

I hope the staff and communities within the Far West Local Health District continue to benefit from DBT, and I hope to be out here again soon!

Nominations open: National Rural and Remote Health Awards

Nominations are now open for the inaugural Rural Health Pro National Rural and Remote Health Awards. The awards will celebrate and recognise the exceptional contributions of health professionals, teams and organisations who have improved rural and remote health in Australia.

Nominations will be open until 31 August 2023 and there are ten awards including:

- Rising Star
- Excellence in Aboriginal and Torres Strait Islander Healthcare
- Dedication to Health in a Remote Location

- Excellence in Rural/Remote Health Administration
- Rural/Remote Aged and Disability Carer of the Year
- Rural/Remote Health Innovator of the Year
- Rural/Remote Health Advocate of the Year
- Rural/Remote Multidisciplinary Collaboration of the Year
- Rural/Remote Health Employer of the Year
- Rural/Remote Health Professional of the Year.

The Presentation Gala will be held on 13 November as part of [Rural Health Month 2023](#) and promises to be a highlight of the year, celebrating excellence and honouring outstanding individuals and organisations in our industry.

Learn more and nominate on [Rural Health Pro](#).

Generous donation to Palliative Care



An iconic weight loss support club in Broken Hill - H.E.L.P (Healthy Eating Loses Pounds) has wound up after 48 years and has donated its remaining funds to the Broken Hill Specialist Palliative Care Service.

The H.E.L.P Club is a support group for people wanting to lose weight and has raised funds for various charities over the years.

Melva Davidson, who has been President since the group's inception in 1975, said: "The Club has much pleasure in presenting a cheque for \$3,000 to Broken Hill Palliative Care for all the wonderful work that they do."

Melissa Cumming, Director Cancer and Palliative Care Services FWLHD, thanked the club for their very generous donation, which will be used to support palliative care patients and families in the Broken Hill Community.

A generous donation to BH Specialist Palliative Care Service: (from left) Carole Vlatko, Palliative Care Registered Nurse, with H.E.L.P Club members Melva Davidson, President (seated), Janet Siddall, Treasurer, Merilyn Hammond, Vicki Stackpool, Jenny Lynott and Jann Symons.

EMPLOYEE WELLBEING

Wellbeing resources are available at the following sites and can be used for yourself and also to engage in conversations with others.

RESOURCES

- [NSW Health – Health and wellbeing resources](#)
- [Beyond Blue – Wellbeing activities and guidance](#)
- [Black Dog Institute – Resources and Support](#)
- [Australian Psychological Society – Psychology Topic](#)
- [CRANA Plus – Mental Health & Wellbeing](#)

HELPFUL NUMBERS



- MENTAL HEALTH LINE: 1800 011 511**
- BEYOND BLUE: 1300 224 636**
- DOMESTIC VIOLENCE LINE: 1800 656 463**
- LIFELINE: 13 11 14**
- CRANA SUPPORT LINE: 1800 805 391**



[The Employee Assistance Program \(EAP\)](#) is a confidential free counselling service for all Far West LHD employees. EAP can assist when personal, family, or work-related concerns are impacting on your health or quality of life. This service is completely confidential.



MONDAY	P2 Mask fit testing	0915- 1500	Fit testing room
TUESDAY	P2 mask fit testing	0915- 1500	Fit testing room
WEDNESDAY	P2 mask fit testing COVID vaccination	0915- 1500 1000- 1600	Fit testing room Staff Health Office
THURSDAY	Vaccination Clinic	By appointment or drop in if staff available	Fit testing room Staff Health Office
FRIDAY	Vaccination Clinic	By appointment or drop in if staff available	Fit testing room Staff Health Office

Facility challenge during STEPtember

STEPtember is Australia’s favourite and largest health and wellbeing virtual fundraising challenge, encouraging participants to move the equivalent of 10,000 steps a day and raise funds for babies, children and adults with cerebral palsy.

STEPtember promotes connection and teamwork, friendly competition and more active and engaged individuals and work place

You can choose to walk, swim, ride, wheel or spin your way to *10,000 steps per day* during the month of September. From your morning stroll to get coffee, to walking the dog, or your weekly trip up and down the grocery aisles, all you have to do is take the first step.

The Far West Facility Challenge uses STEPtember to encourage friendly competition between facilities located within the Far West LHD.

Sign up today and join in. The winning facility receives the Challenge trophy. This was won by the Broken Hill CHC in 2022. Where will it end up in 2023.

Register today at www.stepember.org.au

Make up a team with 3 friends or go solo the choice is yours.



Staff Health Clinics

Staff Health Clinics are available throughout the week.

To book an appointment for P2 mask fit testing the booking page is available via the N drive>Team>Broken Hill> common>FIT TESTING 2023>Fit testing Booking Sheet 1 July to 30 Sept 2023.

To book an appointment for COVID-19, Influenza or other vaccine contact:

Donna Gers

Email: Donnalynne.Gers@health.nsw.gov.au
Phone: 08 8080 1319 M: 0427 899 016

Rebecca Conti

Email: Rebecca.Conti@health.nsw.gov.au
Phone: 08 8080 1335.

Kindness Matters

BRILLIANCE

Nominations

The Brilliance Nominations are a great way to share positive feedback with your peers for the great work they are doing.

All Brilliance Nominations are logged in a register for the Annual FWLHD Health Staff Awards and then forwarded to the nominated staff member via email.

Scan the QR Code to nominate or go to www.surveymonkey.com/r/JNQB8D5



INFECTION CONTROL UPDATE

The FWLHD Infection Prevention and Control Intranet page has been updated! Be sure to head on over to the tab and check out all the information that has been uploaded which has tonnes of helpful information including our new 'Bug Shack News'!

INFECTION PREVENTION & CONTROL POSTERS

- Standard Precautions
- Contact Precautions
- Droplet Precautions
- Airborne Precautions
- Neutropenic Precautions
- Doffing of PPE
- Donning of PPE
- How to Fit Check



Project Management Office

Health Awards

eHealth

Media Centre

Staff Directory

Our Health Facilities and Services

YOU ARE HERE

Infection Control

Site Index

The Infection Prevention and Control Contact for the FWLHD is Alexis Lenton whom is the Clinic Infection Prevention and Control for the FWLHD. Alexis can be contacted on the following: 08 8080 1331 OR Alexis.Lenton@health.nsw.gov.au

FWLHD Bug Shack Newsletter

- Issue 1 - June 2023

COVID-19 and Acute Respiratory Infections (ARI)

- COVID-19 Risk Monitoring Dashboard
- COVID-19 Risk Monitoring Dashboard (Agency for Clinical Innovation) (nsw.gov.au)
- Clinical Excellence Commission COVID-19 Infection Prevention & Control Manual
- COVID-19 Infection Prevention and Control Manual (Version 3.1) (nsw.gov.au)
- Infection Prevention & Control Guidelines for Assessment & Management of Acute Respiratory Illness
- Infection Prevention and Control Guidelines for Management and Assessment of Acute Respiratory Illness (nsw.gov.au)
- Coronavirus Disease 2019 (COVID-19) CDNA National Guidelines for Public Health Units
- CDNA National Guidelines for Public Health Units
- Clinical Excellence Commission Supporting Bed Allocation and Patient Flow
- Supporting Bed Allocation and Patient Flow (nsw.gov.au)
- Management of Patient or Visitor COVID-19 Exposures in Healthcare facilities
- Management of patient or visitor COVID-19 exposures in healthcare facilities (Version 1.5) (nsw.gov.au)
- COVID-19 and other ARI- Managing Health Worker Exposures and Return to Work in a Healthcare Setting
- COVID-19: Managing Health Worker Exposures and Return to Work in a Healthcare Setting (V1.3) (nsw.gov.au)

I would like to thank all the hand hygiene auditors across the LHD as they spent extra amounts of time auditing all our staff!

The top 5 hand hygiene auditors for the FWLHD have been rewarded with chocolate and a certificate for their continual hard work and dedication.



The competition for our auditors this hand hygiene cycle is who can be the most consistent hand hygiene auditor? The top five most consistent will be rewarded with a prize!

Interested in becoming a hand hygiene auditor? Please speak to your NUM or manager who can express your interest with myself.

We need your help!

Please complete the quick survey below on how we can improve the FWLHD Infection Prevention and Control Service across the LHD!



FWLHD Hand Hygiene Compliance Rates

For Audit Cycle 2, 2023

Audit Cycle 2: 1st April - 30th June 2023

HEALTH CARE WORKER COMPLIANCE

Nursing 93%	Administration 58%
Medical 70%	Personal Care Staff 82%
Allied Health 85%	Dental Staff 88%

FWLHD FACILITY COMPLIANCE

Far West Local Health District	87%
Bairnsald Multi-Purpose Service	96%
Broken Hill Base Hospital	85%
Wentworth Health Service	97%
Wilcannia Multi-Purpose Service	94%

COMPLIANCE PER MOMENT

Before touching a patient	83%
Before a procedure	97%
After a procedure or body fluid exposure	90%
After touching a patient	89%
After touching a patient's surroundings	81%

**National Benchmark = 80%

The FWLHD submitted over 1,200 audits for Hand Hygiene audit Cycle 2 which concluded on 30 June! Overall, the FWLHD comprised a total compliance rate of 87.6% which was above the national rate of 86.7%! All individualised health service data can be found displayed (RIGHT).

Alexis Lenton
FWLHD Clinical Nurse Consultant of Infection Prevention and Control
Phone 08 8080 1331 M 0419 880 987
Email alexis.lenton@health.nsw.gov.au

Balancing dignity of risk and duty of care can be challenging

Aged Care Corner...

Duty of Care

This is a legal term, with a clearly defined meaning. Duty of care is the responsibility of organisations and their staff, to ensure they do **no harm** to the people they support. However this does not mean that the organisation must protect the person from themselves.

Duty of care means we have a duty to step in on situations if there is a risk of:

- death (including suicide)
- permanent and serious disability
- lack of capacity – and this may be determined by a legal process such as a Guardianship order
- harm to another person.

The main misconception is that duty of care means protecting the person from themselves and their own choices, but this is not necessarily true. We need to make sure we are not **'over protecting'** the person unnecessarily. Each person has the right to make decisions for themselves within their capacity to do so.

Dignity of Risk

Dignity of risk refers to the legal **right** of every person to make choices and take risks in order to learn, grow and have better quality of life. Dignity of risk is the belief that each person that is aged, frail aged or with a disability is entitled to experience and learn from life situations even if these, on occasion, may be a threat to their well-being.

For example, a frail older person may wish to continue living in a second-floor bedroom, despite being at risk of fall when using the stairs.



The bottom line is, if you or I can choose to make this choice, so can those we support.

Principles of Dignity of Risk

Assumed capacity



Tolerance for risk



Reasonable support



Best interest & preferences



A delicate balance

The intersection of duty of care and dignity of risk for people in need of support is a very grey area. Sometimes it can be hard to decide what the best decision is for a particular person. Trying to keep them safe versus allowing them to grow, develop and learn from life. If that choice doesn't put them at risk of serious injury, it might be the right decision for them.

Duty of care does mean having systems in place to limit risks, but not at the detriment of a person's right to decision-making. Instead of how risk can be avoided, health professionals should think about how they could support someone to do what they wanted safely. For example, a health professional could recommend a client to move to

a diet of thickened fluids. If the client declines, staff can support their decision to continue to eat solid foods by supervising them during meals and regularly checking up with them after in order to minimise risk.

Though it may seem as though dignity of risk and duty of care are at odds with each other that is not actually the case. By simply reframing the general approach to the two, we can begin to see things from a different perspective. Dignity of risk is, in fact, a key component of duty of care, and the two can most certainly work together in harmony.



COLLABORATION | OPENNESS

BRILLIANCE

Nominations

RESPECT | EMPOWERMENT



CONGRATULATIONS

Congratulations to the following staff for receiving a Brilliance Nomination in July 2023.

Almarie Van Der Berg
Anthony Gomez
Anu Thomas
BHHS Catering Team
BHHS Patient Services Assistants
BHHS Surgical Ward
Charmaine Lowrie
Cherie Harvey
Courtney Gauci
Dimity Kelly
Grace Matthews
Graeme Hurley
Hannah Crowley

Health Information, Analytics and
Performance Unit
Isabella Bond
Jacinta Simmons
Jaehyeok Cho
James Pollack
John Keenan
Katrina Ware
Lynley Rebbeck
Megan Johnstone
Michelle Bennetts
Morgan Walsh
Norma Clancy

Oral Health Team
Racheal Nagas
Rachel Wellard
Rebecca Howse
Rebekah Weber
Sam Shearer
Sarah Bulkeley
Shannon West
Sharon Defranceschi
Sonia McCully
Wilma Appleton
Vy-Khan Nguyen

The Brilliance Nominations are a great way to share positive feedback with your peers for the great work they are doing. All Brilliance Nominations are logged in a register for the Annual FWLHD Health Staff Awards and then forwarded to the nominated staff member via email. **Scan the QR Code to nominate or go to www.surveymonkey.com/r/JNQK8D5**



Have you ever said to yourself, "If they just changed this and did it this way, it would be much better"?

Well, now you have a quick and easy way to suggest your ideas!

Scan the QR code or go to <https://www.surveymonkey.com/r/WBHNSHZ> if you have ideas for change; for service improvement, better patient and staff experiences, or any burning project proposals you might have. We want to make sure that any of our staff with ideas for projects, innovations or change have a platform to submit their ideas and have a chance to talk about them.

The Project Management Office (PMO), located at the CHC in Broken Hill, will receive your ideas through the portal and explore opportunities to convert these into projects.



SHARPS AWARENESS

A friendly reminder that incorrect disposal of medical sharps have the potential to create dangerous situations for staff and patients.

What can you do to prevent injury?

- Make sure that you receive training on any new safety devices.
- Always use safety devices.
- Place a sharps disposal container close to the procedure area.
- Limit interruptions during procedures.
- Explain the procedure to patients to gain their cooperation and avoid potential movement during the procedure.
- Ask for assistance with patients that might be uncooperative, such as children.
- Dispose with care.
- Never recap needles!
- Dispose of used needles in sharps disposal containers.
- Avoid overfilling sharps disposal containers.
- Care for yourself.

BEE SMART



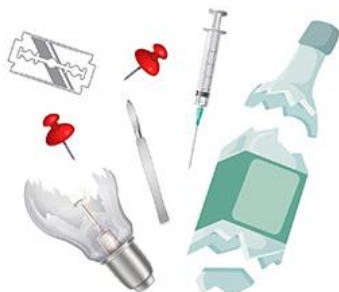
WITH YOUR SHARPS!

WHAT ARE SHARPS?

Sharps can cause injury through cuts and punctures. They could be contaminated with body fluids, blood, toxins or hazardous chemicals.

DIFFERENT TYPES OF SHARPS

- Needles
- Broken glass
- Razors
- Lancets
- Scalpel blades
- Auto injectors
- Broken Pipettes
- Syringes
- Infusion sets



IMPORTANT: All types of sharps...

MUST NEVER be thrown loosely into the bin or toilet.
MUST NEVER be recycled.

So you have a sharps injury? What to do!

- Allow wound to bleed.
- Clean with soap and water.
- Apply a waterproof dressing.
- Inform your manager.
- Contact Staff Health or After Hours Nurse Manager if outside office hours, for exposure management.
- Complete IMS+ with assistance of manager or AHNM if required.
- Staff Health to be notified of incident within 24 hours of occurring at:
Donnalyne.Gers@health.nsw.gov.au
or phone 08 8080 1219 or 0427 899 016.

Policy Watch — PDs available on MOH internet

The following documents have been published on the NSW Ministry of Health internet site <http://www.health.nsw.gov.au/policies>. These documents are official NSW Health policy. Compliance with Policy Directives is **mandatory**.

Title	Document Number	Date Issued
Work Health and Safety - Controlling Exposure to Surgical Plume	GL2023_018	14/07/2023
NSW Section 100 Co-Payment Program	IB2023_025	05/07/2023
Verification of death and medical certificate of cause of death	PD2023_014	06/07/2023
Fee Schedule for Research Ethics and Governance Review of Clinical Trial Research	PD2023_015	06/07/2023
Fees for Research Ethics and Governance Review of Clinical Trial Research	IB2023_026	06/07/2023
Lifetime Care and Support (LTCS Scheme) - Charges for Designated Units	IB2023_022	29/06/2023
Rural Doctors' Settlement Package Hospitals Indexation of Fees – Visiting Medical Officers	IB2023_023	03/07/2023

Notification of Policy Documents uploaded to the Intranet

Please be aware the following policies have been endorsed and are now available on the FWLHD intranet site for your reference:

These Policies have been reviewed and updated:

[FW_PD2023_029 The Deteriorating Patient](#)

[FW_PD2023_030 Duress Response/Code Black Procedure for BHHS](#)

[FW_PD2023_031 Last Days of Life Toolkit](#)

[FW_PD2023_032 Haemodialysis - Testing for residual bleach](#)

[FW_PD2023_033 Maternity - Fetal Heart Rate Monitoring](#)

[FW_PD2023_034 Rostering Resource Manual Version 2.2 - Rostering Best Practice](#)

[FW_PD2023_035 Haemodialysis Central Catheter Care - Dressing and Exit Site and Monitoring](#)

[FW_PD2023_036 Maternity - Pregnancy Care](#)

[FW_PD2023_037 Making an Advance Care Directive](#)

[FW_PD2023_038 Nursing and Midwifery - NIKI T34 Syringe Driver Operating Guidelines](#)

[FW_PD2023_028 Specialist Palliative Care Bereavement Service \(SPCBS\) - Bereavement Counselling, Support and Follow-up](#)

These Policies have been rescinded:

FW_PD2021_036 Recognition and Management of Patients who are Deteriorating

FW_PD2017_003 Duress Response/Code Black for Management of Disturbed and/or Aggression in Far West Local Health District Facilities Procedure

FW_PD2017_022 Haemodialysis – Testing for Residual Bleach Procedure

FW_PD2019_016 Maternity – Fetal Heart Rate Monitoring

FW_PD2020_072 Rostering Resource Manual Version 2.2 – Rostering Best Practice

FW_PD2017_006 Haemodialysis – Central Catheter – Connection and Disconnection for Haemodialysis

FW_PD2020_022 Maternity – Pregnancy Care

FW_PD2020_024 Making An Advance Care Directive Guideline

FW_PD2018_007 Nursing and Midwifery – NIKI T34 Syringe Driver Operating Guidelines

FW_PD2020_046 Specialist Palliative Care Bereavement Service (SPCBP) – Bereavement Counselling, Support and Follow-up

FW_PD2016_013 Standards for Paediatric and Neonatal Intravenous Fluids Guidelines

These External Document has been rescinded:

FW_ED2020_004 Last Days of Life Toolkit Guideline

FW_ED2017_015 Intensive Care Manual – Suctioning an Adult ICU Patient with an Artificial Airway