

Are you a carer in NSW?

You may not think you are a ‘carer’ because you are looking after someone you love. But recognising you are a carer can give you access to the right support.

A carer is anyone who gives ongoing unpaid support to someone who needs it. This might be because of:

- disability
- chronic illness
- mental illness
- addiction
- dementia
- old age.

If you are a carer, we are here to support you.

Visit dcjnsw.info/carers for more information and to access support services.

